

# Youth Substance Use Services in B.C. – An Update

March 2020



REPRESENTATIVE FOR  
CHILDREN AND YOUTH



March 24, 2020

The Honourable Darryl Plecas  
Speaker of the Legislative Assembly  
Suite 207, Parliament Buildings  
Victoria, B.C., V8V 1X4

Dear Mr. Speaker,

I have the honour of submitting the report *Youth Substance Use Services in B.C. – An Update* to the Legislative Assembly of British Columbia.

This report is prepared in accordance with Sections 6(b) and 6(c) of the *Representative for Children and Youth Act*.

Sincerely,



Dr. Jennifer Charlesworth  
Representative for Children and Youth

pc: Ms. Kate Ryan-Lloyd  
Deputy Clerk and Clerk of Committees  
Legislative Assembly of British Columbia

Mr. Craig James  
Clerk of the Legislative Assembly



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## Background

Problematic substance use among youth in British Columbia is not a new issue and a continued lack of accessible and appropriate services is a growing concern.<sup>1</sup> The service landscape is sparse and incredibly difficult to navigate, leaving many youth and their families in crisis wondering what their options are. The Representative for Children and Youth (RCY) has been monitoring youth substance use service access for several years, calling on the provincial government to do more to support young people who are looking for help.

In 2016, RCY released the report *A Review of Youth Substance Use Services in B.C.* which provided an overview of the types of substance use services available to youth and highlighted the many gaps in service across the province.<sup>2</sup> Later that same year, RCY released the investigation report *Last Resort: One family's tragic struggle to find help for their son*, which detailed the events leading to the apparent suicide of a teenager who had been struggling with problematic substance use and with finding appropriate help.<sup>3</sup> In 2018, RCY released *Time to Listen: Youth Voices on Substance Use*, sharing the voices of youth who have lived experience with substance use and reviewing substance-related critical injury and death data.<sup>4</sup> All three reports recommended the development and funding of a comprehensive system of substance use services capable of consistently meeting the needs of youth. The reports also highlighted the need for more youth-friendly substance use services and supports in B.C., particularly those that engage youth in planning and meet them where they are.

In keeping with a recommendation from the 2016 RCY report *A Review of Youth Substance Services in B.C.* that government establish a single point of leadership and accountability for mental health and substance use services, the new Ministry of Mental Health and Addictions (MMHA) was established in 2017.

In response to the ongoing overdose crises, and to improve the access and quality of mental health and addictions services, the B.C. government released its 10-year vision, with an initial three-year action plan, in June 2019, *A Pathway to Hope: A roadmap for making mental health and addictions care better for people in British Columbia*.<sup>5</sup> While this strategy is high-level and not entirely youth-specific, there are several proposed actions that relate directly to the provision of services for youth.

The following report provides an update to RCY's 2016 inventory of youth substance use services, sharing the perspectives of service providers, highlighting service gaps and proposing opportunities for future research

<sup>1</sup> Throughout this report, the terms “substance use” or “problematic substance use” are used to denote the intentional consumption of one or more psychoactive substances, including alcohol, caffeine, tobacco, cannabis, certain medications and a range of controlled substances. The term “addiction” is not used in this report as this often produces feelings of shame and blame and does not reflect the experience of all substance users. While some youth identify with the term “addiction,” it can mask the responsibility of structural violence in creating the conditions in which youth use substances in harmful ways.

<sup>2</sup> Representative for Children and Youth, *A Review of Youth Substance Use Services in B.C.* (Victoria, British Columbia: Representative for Children and Youth, 2016).

<sup>3</sup> Representative for Children and Youth, *Last Resort: One family's tragic struggle to find help for their son* (Victoria, British Columbia, 2016).

<sup>4</sup> Representative for Children and Youth, *Time to Listen: Youth Voices on Substance Use* (Victoria, British Columbia: Representative for Children and Youth, 2018).

<sup>5</sup> Ministry of Mental Health and Addictions, *A Pathway to Hope: A Roadmap for Making Mental Health and Addictions Care Better for People in British Columbia* (Victoria, British Columbia: MMHA, 2019).

(see Limitations, below). This new baseline of substance use services for youth will allow the Representative to measure and publicly report on progress made by MMHA, the Ministry of Health (HLTH) and health authorities to improve access to and information about youth substance use services in B.C.

## Scope

This report provides a review of the availability and accessibility of publicly funded and no-cost youth substance use services in B.C., including services available to youth under the age of 19 and those available specifically to young adults ages 19 to 24. Adult services (for ages 19 and older) that serve youth on a case-by-case basis were not included. The inventory also does not include health promotion or prevention services, nor does it include hospital-based services (with the exception of Carlile Youth Concurrent Disorders Centre), privately funded services, housing services, services provided on-reserve or specialized youth justice programs funded by the Ministry of Children and Family Development.<sup>6</sup>

The service types included in this inventory are:

- Addiction medicine consult
- Concurrent disorder services
- Counselling (individual, family, group)
- Day treatment
- Harm reduction
- In-patient treatment<sup>7</sup>
- Intensive case management
- Opioid agonist treatment
- Outreach
- Residential treatment
- Supportive recovery
- Withdrawal management (medical and non-medical)

(See Appendix A for service type definitions.)

To better understand the potential need for substance use services in different geographic regions and among specific population groups of youth in B.C., substance-related hospitalizations and RCY's critical injury and death (CID) data were also reviewed.

## Limitations

This report provides a comprehensive overview of youth substance use services in B.C.; however, there are certain limitations in the data, the first of which is the constantly changing service landscape. In the months the inventory was being developed and validated, new services were being added by funding bodies and others were being removed. Policies around age mandates were also changing. The details provided in the inventory and in the findings of this report are a point-in-time snapshot and may not accurately reflect the details of each service today or any new services that have been added. The inventory in Appendix B is not a public tool to find services in communities. The inventory also does

<sup>6</sup> The Ministry of Children and Family Development, which is responsible for youth justice services, funds several community residential substance use treatment beds as well as dedicated counselling services in the two provincial youth custody centres. These are excluded from this report because, while publicly funded, these services are not truly publicly available given that access to these services is limited to a very small proportion (less than one per cent) of youth in the province who are formally court-ordered through the youth justice system.

<sup>7</sup> Note that the only in-patient treatment service that RCY has inventoried is Carlile Youth Concurrent Disorders Centre.



not capture the current experiences of – and barriers faced by – service users and does not reflect the challenges youth and families face when trying to navigate within and between services. Many of these perspectives were captured in other recent reports, including McCreary Centre Society’s 2019 report *Beyond a Dreamcatcher: Improving Services for Indigenous Justice-Involved Youth with Substance Use Challenges – A Youth-Led Study*, RCY’s 2018 report *Time to Listen*, and McCreary Centre Society’s 2013 report *Becoming Whole: Youth Voices Informing Substance Use System Planning*.<sup>8, 9, 10</sup>

Another potential limitation of this report is the variation in service type definitions. Though service definitions were validated with several stakeholders prior to inventory development, there is still potential for difference in how a service is defined and delivered by the providers and funders. For example, counselling is a very broad service with many types of delivery and practice approaches but, for the purposes of this inventory, all types of counselling were categorized in the same way.

Lastly, while this report provides an overview of the availability – and to a certain extent accessibility – of youth substance use services in B.C., it does not measure the outcomes of service use and therefore cannot measure participant satisfaction or the efficacy of these services.

## Methodology

Publicly funded and no-cost youth substance use services in B.C. are delivered by the First Nations Health Authority (FNHA), Provincial Health Services Authority (PHSA), five regional health authorities, agencies contracted by regional health authorities and non-profit organizations.<sup>11</sup> In order to confirm the types of services that would be inventoried – and to ensure consistent monitoring of these services in the future – a group of stakeholders was consulted to discuss service types and to seek agreement on service type definitions. Stakeholders included staff at HLTH and MMHA, substance use leads in the five regional health authorities and FNHA, and contracted or non-profit service providers representing each health authority region of B.C.

This report discusses both the availability and accessibility of services. While seemingly similar terms, they hold very different meanings. Availability speaks to the existence of a service, such as the service type, location of the service and the number of people served. Accessibility looks to systemic factors that enable or constrain how an individual might experience a service, such as hours of operation, ages served, wait times, cultural appropriateness, referral process and physical access. To identify indicators of accessible services for youth, literature was reviewed and the stakeholders identified above were consulted to seek agreement on the indicators chosen. Questions to be asked of each service provider were then developed from the final list of indicators.

<sup>8</sup> Annie Smith, Katie Horton, Kate Beggs, Stephanie Martin and McCreary Centre Society, *Beyond a Dreamcatcher: Improving Services for Indigenous Justice-Involved Youth with Substance Use Challenges – A Youth-Led Study* (Vancouver, BC: McCreary Centre Society, 2019).

<sup>9</sup> RCY, *Time to Listen*.

<sup>10</sup> Kelsie Cox, Annie Smith, Maya Peled and McCreary Centre Society, *Becoming Whole: Youth Voices Informing Substance Use System Planning* (Vancouver, BC: McCreary Centre Society, 2013).

<sup>11</sup> Funding for these services is primarily managed by HLTH – except for youth justice substance use services which are funded by MCFD. FNHA is federally funded, and non-profit service providers may receive funding through private donors or retail stores. Community based mental health services for youth are funded by MCFD.

## Findings

To develop and validate the inventory of services, existing service inventories in B.C. were reviewed, including bc211, 811, Kids Help Phone and the 2016 RCY inventory. Substance use services for youth were extracted from these inventories and consolidated to create a new inventory that could be validated directly by service providers. In total, 406 services were included in the inventory, representing 84 unique organizations. Each service provider was contacted by phone between July and November 2019 to confirm details about the services they provide.

To identify trends in substance use by geographic region and within specific populations of youth, RCY substance-related CID data was reviewed, as well as substance-related hospitalization data from HLTH. This data was then compared with the service inventory to identify potential service gaps in different geographic regions of B.C. and for specific populations of youth.

## Findings

### The system is complicated

The landscape of youth substance use services in B.C. is complicated, with no centralized point for access or information. Service types varied greatly by region, and the process to access each service was different for most service organizations. Ages served was also a grey area for many service providers; often the minimum age for service was flexible, or different staff at the same organization would report a different age minimum they are able to serve.

To further complicate the service landscape, service providers reported that youth are getting caught between two streams of funding: youth mental health services funded by MCFD and youth substance use services funded by HLTH. This means that many youth with concurrent mental health and substance use concerns are unable to access either service due to eligibility criteria or lack of staff training on concurrent disorders. Youth who can access a service may not get the level of support they need to address their complex concerns. In a review of substance-related CID data for 2018/19, 63 per cent of the youth files included a concurrent mental health concern. Though concurrent disorder services now exist in some areas of the province, these services are few and far between, as illustrated in Figure 1.

Figure 1: Concurrent disorder services in B.C.



## Opioid use is not the only concern

While opioid use among B.C. youth is an important issue, opioids are not the only substance of concern when reviewing substance-related hospitalization data for the province. For youth ages up to and including 23 years, the substances resulting in the most hospitalizations were coded as “other,” followed by alcohol, multiple substances (also referred to as poly-substance use), cannabinoids and, lastly, opioids.<sup>12</sup> Also of note is that youth ages 19 to 23 are more than twice as likely as youth 18 years and younger to be hospitalized for substance use.<sup>13</sup>

Some service providers reported that most of the youth they see are using alcohol and expressed concern that media attention around the opioid crisis masks the need for alcohol-related services in B.C. However, service providers also reported that the majority of youth accessing services are poly-substance users. This finding is consistent with a recent study of Canadian youth conducted by the University of Waterloo and the Public Health Agency of Canada, reporting that poly-substance use is on the rise among high school students in Grades 9 to 12.<sup>14</sup> To better understand if they are able to meet this growing need, RCY asked service providers if they are able to see youth with poly-substance use. Almost every service provider (96 per cent) said “yes.”

<sup>12</sup> The “other” category includes sedatives, cocaine, other stimulants (including caffeine), tobacco, hallucinogens and volatile solvents.

<sup>13</sup> Substance-related hospitalization data provided to RCY by the Ministry of Health on January 21, 2020.

<sup>14</sup> Alexandra Zuckermann, Gillian Williams, Katelyn Battista, Margaret de Groh, Ying Jiang and Scott Leatherdale, “Trends of Poly-Substance Use Among Canadian Youth,” *Addictive Behaviors Report* 10 (2019): 1-9.

## Information about services is hard to come by

An important indicator of a youth-friendly service is the ability to get a voice on the phone the first time a call is made.<sup>15</sup> However, when making calls to validate the inventory of services for this report, it was often difficult to get someone on the phone. This was especially true for services provided directly by health authorities which often directed callers to a switchboard or voicemail system. RCY often had to make several follow-up calls to both health authorities and contracted agencies before speaking to someone and receiving information. It is possible that RCY's experience with contacting service providers does not reflect the experience of youth and their families trying to access information, but the difficulty in connecting with service providers needs to be highlighted as this is a significant barrier to service access for young people.

Concerns regarding access to information are not new and have been documented by RCY in *A Review of Youth Substance Use Services in B.C.* and *Time to Listen*. In *Time to Listen*, the Representative recommended that MMHA, in partnership with HLTH, "... lead the creation of an accessible and youth-friendly single source of information about all publicly funded substance use services available in the province."<sup>17</sup> This recommendation is to be addressed by March 31, 2020 and updated on an annual basis.

### Common belief

*Adults know what is best for youth.*

*"Adults ... can easily replicate ageism and dismiss the insight, strengths and abilities of youth. Youth often find themselves silenced or are taught to doubt their own voice and knowledge. In this way, ageism teams up with many other systems of oppression that silence and invalidate youth's wisdom." <sup>15</sup>*

50 per cent of First Nations, Métis, Inuit and urban Indigenous youth who shared their perspective with McCreary Centre and 68 per cent of all youth who shared their perspective with RCY related their experiences of needing substance use support but not receiving it because they did not know where to go.<sup>17, 18</sup>

## The pathway within and between services is not linear

Many service providers spoke about the need for both harm reduction and recovery-oriented approaches to care. One service provider expressed concern that the push for more harm reduction services and approaches was taking away from recovery-oriented systems of care that promote recovery as an option for young people. An array of options that include harm reduction and recovery-oriented services is required to address problematic substance use. Regardless of the chosen approach, it should be led by youth and reflect their goals. Some providers spoke about how the journey within and between services looks different for everyone; it is not a linear process. Services should be flexible, allowing youth to move across or around a circle of support options, not requiring that they progress along a pre-determined continuum. Harm reduction and recovery are lenses that span all service types.

<sup>15</sup> Cox et al, *Becoming whole*, 27.

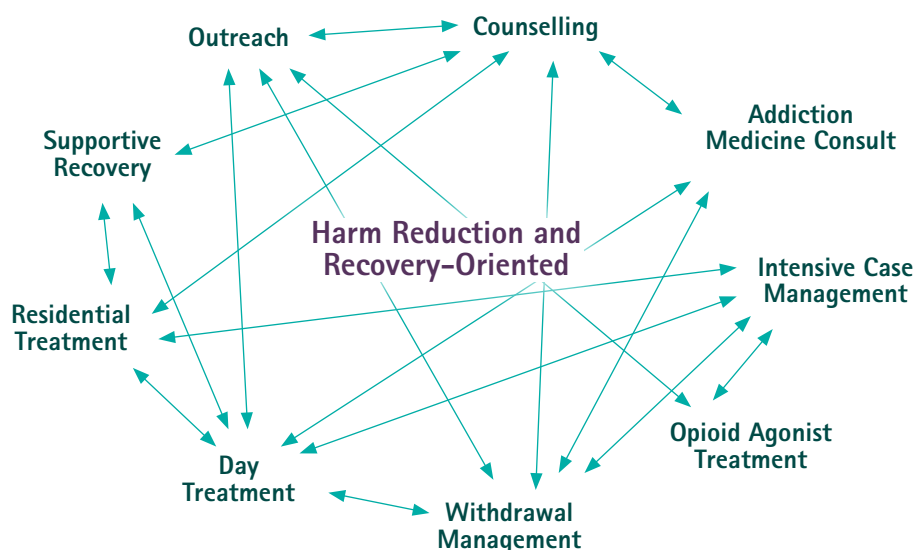
<sup>16</sup> Bhupie Dulay, Stefanie Krasnow, Vikki Reynolds and Graeme Sampson, "Talk-Listen: Centering Youth Wisdom in Group Work at Peak House," *Relational Child & Youth Care Practice*, 31, no. 3 (2018): 14.

<sup>17</sup> RCY, *Time to Listen*, 52.

<sup>18</sup> Smith et al., *Beyond a Dreamcatcher*, 15.

<sup>19</sup> RCY, *Time to Listen*, 37.

Figure 2: Complexity of youth substance use service trajectories



## Youth-specific substance use services are limited across B.C.

Most youth-specific services are concentrated in the Lower Mainland, with very few available in northern B.C. or in smaller or more rural communities across the province. Some service types, such as youth-specific supervised consumption sites, do not exist in B.C. Many service providers also spoke about the need for a range of youth-specific supported housing options for youth leaving treatment. Though housing was not addressed in this report, it is an important consideration, especially for youth who are not able to return – or who are not comfortable returning – to their caregiver’s home.

When reviewing the geographic distribution of services compared with the prevalence of low income in B.C., there are few services in regions of the province with a higher prevalence of low income.<sup>22</sup> These findings are concerning given that substance-related hospitalization rates in B.C. are higher for youth living in lower-income and rural and remote areas. For youth 18 years and younger, three regions of B.C.

### Common belief

*The opposite of harmful substance use is recovery or abstinence.*

*“Abstinence may not always be the end goal and ... there are many ways that a person can heal.”<sup>19</sup>*

*Connection, belonging and having purpose are also known to be opposites of harmful substance use. For some, this includes recovery or abstinence.<sup>20</sup>*

<sup>20</sup> First Nations Health Authority, “5 Myths About Addiction,” accessed December 10, 2019, <https://www.fnha.ca/Documents/FNHA-Myths-About-Addiction-Factsheet.pdf>.

<sup>21</sup> Gabor Mate, *In the Realm of Hungry Ghosts: Close Encounters with Addiction* (UK: Vintage Canada, 2009).

<sup>22</sup> Statistics Canada. *2016 Census Data*. <https://www12.statcan.gc.ca/census-recensement/2016/dp-pd/index-eng.cfm>

<sup>23</sup> National Inquiry into Missing and Murdered Indigenous Women and Girls, “Reclaiming Power and Place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls, Volume 1b,” 2019, 180, <https://www.mmiwg-ffada.ca/final-report/>.

## Findings

have hospitalization rates more than double the rate of the B.C. average: East Kootenay, Central Vancouver Island and Northwest. For remote regions throughout B.C., substance-related hospitalizations for youth 18 years and younger and for youth ages 19 to 23 are almost four times the rate for those age groups B.C.-wide.<sup>24</sup>

The National Inquiry into Missing and Murdered Indigenous Women and Girls (the National Inquiry) has urgently called on “all governments to ensure that all Indigenous communities receive immediate and necessary resources, including funding and support, for the establishment of sustainable, permanent, no-barrier, preventative, accessible, holistic, wraparound services, including mobile trauma and addictions recovery teams. [They] further direct that trauma and addictions treatment programs be paired with other essential services such as mental health services and sexual exploitation and trafficking services as they relate to each individual case of First Nations, Inuit and Métis women, girls and 2SLGBTQQIA people.”<sup>22</sup>

### What might it be like to access services in a rural town in B.C.?<sup>25</sup>

*Amanda is a 17-year-old who lives in foster care in Kitimat, located in northwestern B.C. Amanda has been using opioids for the past two years and has recently decided she wants to cut down on her use. She tells her social worker that she wants to access withdrawal management but the two closest places for youth are in Prince George, a seven-hour drive away. One treatment site isn't live-in; it's provided in a client's home or in the office. Amanda would have to find her own place to stay in order to access daily treatment. The other site has only one bed for youth, and it isn't available right now. Amanda is put on a wait list and her social worker suggests that she try to stay home as much as she can and work to use fewer substances in the meantime. This is difficult for Amanda because she is in close proximity to people with whom she can use drugs. After a month of waiting, Amanda is offered a treatment bed at the live-in facility but decides not to go to Prince George because it's too far from her support system.*

## Cultural safety training does not necessarily mean culturally safe service

Most service providers reported that their organizations have a policy requiring staff to have cultural safety training; others reported that while they did not have specific policies, diversity was a priority for the organization and something they spoke about regularly. Despite this level of confidence in staff training and organizational support for cultural safety, some service providers expressed concerns about racism, stating that non-Indigenous services – particularly in Northern B.C. – are not culturally safe for First Nations, Métis, Inuit and urban Indigenous youth. The same service providers made mention of the harms in resource extraction communities, where women and girls face a disproportionate burden of harm and organized crime is common.<sup>26</sup> A similar concern about racism was raised in relation to certain

<sup>24</sup> Age-standardized substance-related hospitalization data provided to RCY by the Ministry of Health on January 21, 2020.

<sup>25</sup> This is a fictionalized case scenario typical of cases that RCY is aware of through its advocacy and CID work.

<sup>26</sup> RCY recognizes that “women” and “girls” are binary terms and do not reflect all gender identities. However, these terms were used by the service providers being referenced and are used here to ensure accurate representation of their voices.



mainstream services in the Interior of B.C. While some sites provide a one-stop-shop to access multiple services that are youth-specific, they may not be culturally safe or appropriate for First Nations, Métis, Inuit and urban Indigenous youth. Out of 408 services inventoried for this report, only 11 reported that they are an Indigenous-only service.<sup>27</sup>

Consistent with these findings, racism and a lack of culturally appropriate substance use services were concerns voiced by First Nations, Métis, Inuit and urban Indigenous youth in *Beyond a Dreamcatcher*.<sup>28</sup> Staff cultural safety training is important, but it is not enough; some of the First Nations, Métis, Inuit and urban Indigenous youth interviewed in *Beyond a Dreamcatcher* experienced racism from non-First Nations, Métis, Inuit and urban Indigenous youth attending the program, as well as from staff. Cultural safety concerns were also raised by First Nations, Métis, Inuit and urban Indigenous youth who were engaged through *Time to Listen* – including how lack of staff knowledge about First Nations, Métis, Inuit and urban Indigenous peoples’ cultural practices and history impacted their sense of safety and feelings of being supported.<sup>29</sup>

Aligned with the Truth and Reconciliation Commission of Canada *Calls to Action*, the National Inquiry has called for justice and “[a]n absolute paradigm shift ... [within] all levels of government and public institutions.”<sup>30, 31</sup> This paradigm shift would encompass responses to problematic substance use for First Nations, Métis, Inuit and urban Indigenous peoples through, for example, a change in funding for more First Nations, Métis, Inuit and urban Indigenous-led services, a change in how services are delivered (e.g., creating access to more wrap-around services), and a change in the way substance use is spoken about and approached (e.g., shifting from a western medical model to an anti-bias and anti-racism model).<sup>32, 33</sup>

### What might service access be like for a gender non-binary youth who uses a wheelchair to get around?<sup>34</sup>

*Star is a 17-year-old First Nations youth who identifies as gender non-binary and lives with their family in Campbell River on northern Vancouver Island. When Star was 15-years-old, they were in a severe car accident and, since then, Star uses a wheelchair to get around. Star has been using poly-substances for the past year and has ended up in the Emergency room several times due to their drug use. Star has decided they want to go to a residential treatment program, and they have reached out to their counsellor for support. They find four youth residential treatment programs in B.C. that are wheelchair accessible, but two of these options are specific to youth who identify as either male or female. Because Star identifies as non-binary, they are not comfortable accessing a gender-specific program – even if the program says they accept non-binary youth. The two programs that Star can access are in Prince George or Vancouver. Considering these services are located far from Campbell River, Star’s family will struggle to pay for their transportation to either location. Star is concerned about their family’s financial situation and having to leave their community. Star decides not to go to treatment.*

<sup>27</sup> This does not include services provided on-reserve.

<sup>28</sup> Smith et al., *Beyond a Dreamcatcher*, 18.

<sup>29</sup> RCY, *Time to Listen*, 46.

<sup>30</sup> Truth and Reconciliation Commission of Canada, “Calls to Action,” Published 2015, [http://trc.ca/assets/pdf/Calls\\_to\\_Action\\_English2.pdf](http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf).

<sup>31</sup> NIMMIWG, “Reclaiming Power and Place, Volume 1b,” 174.

<sup>32</sup> NIMMIWG, “Reclaiming Power and Place, Volume 1b,” 96.

<sup>33</sup> NIMMIWG, “Reclaiming Power and Place, Volume 1b,” 189.

<sup>34</sup> This is a fictionalized case scenario typical of cases that RCY is aware of through their advocacy and CID work.

## Available service does not mean accessible service

According to research on what makes a service youth-friendly, youth need flexible appointment times, minimal waits and services that are available 24 hours a day.<sup>35, 36</sup> While some service providers reported flexible service hours and days, most reported operating Monday to Friday with standard business hours between 8 a.m. and 5 p.m. Services provided directly by health authorities were more likely to require an appointment, compared to contracted or non-profit service providers who offered many services through both drop-in and appointment. Wait times also varied across the province and across service types; some had no wait to access, while others had waits of more than three months. Many service providers were unable to report even approximate wait times because they vary so much throughout the year; at one time there might be no wait but, by the next day, there is a wait of several weeks. Some service providers noted that, by the time a space became available for treatment, the next youth on the wait list was no longer ready to access treatment. These findings are consistent with those of RCY's *A Review of Youth Substance Use Services in B.C.*

Some form of transportation support was common across all service types. Many service providers reported being able to provide bus tickets, taxi vouchers or even pick-ups if travel cost was a barrier for youth accessing services. Others said they would meet youth where they are and provide community-based or outreach services wherever youth would like to meet. While these transportation supports are likely helpful to youth, they are only valuable when a service is offered in the community where the youth lives. When youth need to travel away from their home community – as is often the case – travel costs are up to them and affordable public transportation is likely not an option. The National Inquiry also found that having few transportation options in rural and remote areas increases the risk of violence against First Nations, Métis and Inuit girls, women and 2SLGBTQQIA people because they may have to resort to getting rides from people they don't know.<sup>37</sup>

Physical access to and within a space is another indicator of an accessible service. Most service providers reported having facilities that are wheelchair accessible, but more than half (52 per cent) of live-in treatment services – residential treatment, supportive recovery and live-in withdrawal management – are not wheelchair accessible. This report did not capture other accessibility characteristics, such as accommodations for youth with visual or hearing impairments, or youth with cognitive disabilities.

<sup>35</sup> Lisa Hawke, Kamna Mehra, Cara Settipani, Jaqueline Relihan, Karleigh Darnay, Gloria Chaim, and Joanna Henderson. "What Makes Mental Health and Substance use services Youth Friendly? A Scoping Review of Literature," *BMC Health Services Research* 19, no. 257 (2019): 11.

<sup>36</sup> Cox et al., *Becoming Whole*. 37.

<sup>37</sup> NIMMIWG, "Reclaiming Power and Place, Volume 1b," 2019, 158.



## Service providers are doing what they can

The majority of service providers engaged through this report were concerned by the lack of youth-specific substance use services in B.C. Limitations in their own services were also not lost on them. They expressed frustration with limited funding and narrow mandates for service and frequently mentioned the divide between mental health and substance use services. Despite these and other challenges, service providers reported doing whatever they could to meet the high demand – often leading to staff burnout.

*“This town [in Northern B.C.] is running on empty.”*

– Service provider voice in Amnesty International’s report *Out of Sight, Out of Mind*<sup>37</sup>

Many providers reported moving towards a low-barrier – “every door is an open door” – model, ensuring youth are not turned away when they ask for service. Referrals were still required for some services – particularly for more intensive services such as live-in treatment – but most allowed youth to self-refer or did not require a referral of any kind. Service providers also mentioned flexibility in the services they provide, for example serving youth with concurrent mental health and substance use disorders even when they are not mandated to do so. Most allow smoking outside on their property; the majority of those who do not are operated directly by health authorities where provincial legislation prevents smoking on health authority property.

## Key findings by service type

### Counselling

Counselling services appear to be well-distributed provincially but, in many small communities, this service is provided by only one counsellor who may or may not work full-time. The type of counselling also varies, with some providing specific alcohol and drug counselling and others providing more general counselling, including for substance use. Due to the lack of counselling services in some communities, practitioners may need to triage and turn some young people away. For example, a counsellor in one small northern community reported they can only see youth in crisis; they do not have the capacity to see anyone else.

### Intensive case management

There are six youth intensive case management services in the province, with none in Northern B.C. or the Fraser Valley region and only one on southern Vancouver Island. There are three sites in the Interior of B.C. and two in Vancouver, as shown in Figure 3.

<sup>38</sup> Amnesty International, *Out of Sight, Out of Mind: Gender, Indigenous Rights, and Energy Development in Northeast British Columbia, Canada* (London, UK: Amnesty International, Inc, 2016), 57.

Figure 3: Intensive case management services in B.C.



### In-patient treatment

This inventory did not capture hospital-based services, however, it did include the one in-patient treatment centre that supports youth with concurrent disorders. Carlile Youth Concurrent Disorders Centre provides short-term, intensive, in-patient support for youth who are experiencing serious concurrent mental health and substance use concerns. It is the only facility of its type in the province and is in North Vancouver.

### Withdrawal management

There are nine withdrawal management sites in the province. One of the nine sites is in Metro Vancouver, two are in the North, one is in the Fraser Valley, two are in the Interior and three are on Vancouver Island. One site in the North and one in the Interior are not live-in; they offer withdrawal management at their office or in a client's home. Five of the nine sites are non-medical withdrawal management services, three are medical, and one is either medical or non-medical.

Figure 4: Withdrawal management services in B.C. (Red = Non-medical, Blue = Medical)



## Residential treatment

There are eight residential treatment facilities across the province. One of the eight sites is in Northern B.C., two are in the Interior, and three are in Metro Vancouver. The only site on Vancouver Island is a treatment program for families struggling with substance use; it is not available to youth accessing treatment on their own. One facility is only for male youth, and another facility has two residences, one for male youth and one for female youth. The other six facilities are open to all gender identities. Three of the eight sites – including the family treatment program on Vancouver Island – are specifically for First Nations, Métis, Inuit and urban Indigenous youth.

## Supportive recovery

Only four sites in the province offer live-in supportive recovery. One site is in the Fraser Valley, two are on Vancouver Island and one is in Metro Vancouver. The four sites are available to youth ages 13 to 19, or 16 to 24. There are no supportive recovery services in Northern or Interior B.C.

Table 1: Number of youth services by type in each geographic region of B.C.

Service Type	Island	Vancouver Coastal	Fraser	Interior	Northern	TOTAL
Addiction medicine consult	1	1	0	0	0	<b>2</b>
Concurrent disorder services	0	5	9	3	1	<b>18</b>
Counselling (individual)	19	16	20	44	25	<b>124</b>
Day treatment	0	1	1	6	0	<b>8</b>
Harm reduction	9	16	7	9	22	<b>63</b>
In-patient treatment	0	1	0	0	0	<b>1</b>
Intensive case management	1	2	0	3	0	<b>6</b>
Opioid agonist treatment	1	9	9	2	1	<b>22</b>
Outreach	17	12	17	22	5	<b>73</b>
Residential treatment	1*	3	1	2	1	<b>8</b>
Supportive recovery	2	2	0	0	0	<b>4</b>
Withdrawal management	3	1	1	2	2	<b>9</b>

\*Family residential treatment program; not available to youth accessing treatment on their own

## Harm reduction services are widespread, but they are not comprehensive

Harm reduction services are available in most substance use service sites across B.C. and may include distribution of clean supplies, naloxone training, naloxone kit distribution, drug testing or a visit with a primary care provider to discuss reducing harm from substance use. Most service providers with harm reduction services reported there is no age minimum for access and youth are welcome to drop-in to access supplies.

Despite widespread access to harm reduction supplies for youth, there are currently no youth-specific supervised consumption sites in B.C. Only one service provider reported having a safe injection room at its facility that could be used by youth; all other supervised consumption sites primarily serve adults and are not youth-friendly spaces. Though youth safe consumption sites have been a contested issue in B.C., there is significant evidence to support their development.

In the 2018 report *A Guideline for the Clinical Management of Opioid Use Disorder – Youth Supplement*, the British Columbia Centre on Substance Use, HLTH and MMHA identified that, for youth and young adults with moderate to severe opioid use, harm reduction services – including safer injection practices and supervised consumption services – would be beneficial to reduce infections and overdoses.<sup>39</sup> Saewyc and colleagues' research with street-involved First Nations, Métis, Inuit and urban Indigenous 2SLGBTQQIA youth in B.C. found that 21 per cent of these youth identified the need for supervised

<sup>39</sup> British Columbia Centre on Substance Use, B.C. Ministry of Health, and B.C. Ministry of Mental Health and Addictions. *A Guideline for the Clinical Management of Opioid Use Disorder – Youth Supplement*. Published June 13, 2018, <http://www.bccsu.ca/care-guidance-publications/>.

consumption sites in their community.<sup>40, 41</sup> RCY's *Time to Listen* report also stressed the importance of youth safe consumption sites to reduce harms from substance use – and save lives.<sup>42</sup> Some of the service providers engaged for the development of this inventory voiced concerns about youth accessing adult overdose prevention and supervised consumption sites, stating they are not always safe places for youth to access due to the potential for street involvement and exploitation. This concern was also raised in *Time to Listen*.<sup>43</sup>

In response to youth voices in *Time to Listen*, RCY recommended that “*the Ministry of Mental Health and Addictions and the Ministry of Health lead the development of and implementation of a full spectrum of youth-specific harm reduction services, including the creation of youth-specific spaces for supervised consumption that is embedded within a system of wraparound services and supports.*”<sup>44</sup> In *A Pathway to Hope*, MMHA stated its commitment to increasing community-based harm reduction services, including supervised consumption sites; however, the plan does not explicitly mention the creation of youth-specific supervised consumption sites.

“[Youth-friendly safe consumption sites are] something that a lot of youth harm reduction programs advocate for – ... if you have services that aren't age-specific, then [youth] feel alienated from them ... I think that it's really important to have youth-specific services.”

— Participant from Drugs Don't Have Age Limits study.<sup>44</sup>

<sup>40</sup> Two-Spirit, Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, and Asexual. Two-Spirit is an Indigenous term that reflects these concepts and is intended to cover more than sexual orientations or gender identities. Some First Nations, Métis, Inuit and urban Indigenous youth may identify as Two-Spirit or LGBTQQIA, or both, and the meaning of Two-Spirit for a youth is unique and not generalizable.

<sup>41</sup> Elizabeth Saewyc, Brooke Mounsey, Jessica Tourand, Dana Brunanski, David Kirk, Jeffrey McNeil-Seymour, Kyle Shaughnessy, Samantha Tsuruda and Natalie Clark, “Homeless & Street-Involved Indigenous LGBTQ2S Youth in British Columbia: Intersectionality, Challenges, Resilience & Cues for Action,” in *Where am I Going to Go? Intersectional Approaches to Ending LGBTQ2S Youth Homelessness in Canada & the U.S.*, eds. Alex Abramovich and Jama Shelton (Toronto: Canadian Observatory on Homelessness Press, 2017), 33.

<sup>42</sup> RCY, *Time to Listen*, 20.

<sup>43</sup> RCY, *Time to Listen*, 38.

<sup>44</sup> RCY, *Time to Listen*, 53.

<sup>45</sup> Tara Marie Watson, Carol Strike, Gillian Kolla, Rebecca Penn and Ahmed M. Bayoumi, “Drugs Don't Have Age Limits: The Challenges of Setting Age Restrictions for Supervised Injection Facilities,” *Drugs: Education, Prevention, Policy*, 22, no. 4 (2014): 375-76.

### What might it be like to access services for an urban youth who is homeless?<sup>46</sup>

*Alix is an Irish/Kenyan 15-year-old trans youth who identifies as female. Alix has been homeless in Vancouver for the past year and uses alcohol and stimulants daily. From time to time, Alix receives harm reduction supplies from outreach workers who have also connected Alix to a concurrent disorders counsellor who is able to meet Alix wherever works for her. It is difficult for Alix to meet with this counsellor on a regular basis because of the challenges with communication while being homeless, but she always looks forward to their sessions. Alix wants to cut down on her drug and alcohol use but finds this hard because she and her street family use drugs to stay awake at night to be safe, and drink alcohol during the day in order to sleep. Alix's counsellor reminds her at every visit that they can help her with a referral to withdrawal management if she decides to take a break from her substance use. The only program for youth her age is in Surrey, which is about 45 minutes away by bus. Alix asks her counsellor to support a call to the program and, when she finds out they have a bed open for her, she decides to give it a try.*

Many First Nations, Métis, Inuit and urban Indigenous youth have historical and ongoing experiences with oppression and racism within the health system itself, which can influence whether these youth access mainstream services.<sup>47, 48, 49</sup> Youth are also “frequently pathologized or dismissed through language” such as being non-compliant and resistant to services.<sup>50</sup> As one Indigenous youth stated in *Beyond a Dreamcatcher*, “you need to hit rock bottom or [the service providers] don’t take you seriously.”<sup>51</sup>

Considering these historical harms, NYSHN has developed a four-fire model focused on cultural safety, sovereignty, reclamation and self-determination.<sup>52</sup> This model centres the role of colonization within substance use and considers the historical and contemporary factors that lead some youth to use substances in more harmful ways than others.

#### Common belief

“Youth need to hit rock bottom before they want help.”

While pain and loss can be vehicles for change, the “rock bottom” belief can be harmful, keep the responsibility of substance use solely on the individual, and perpetuate blame and shame.

<sup>46</sup> This is a fictionalized case scenario typical of cases that RCY is aware of through its advocacy and CID work.

<sup>47</sup> Smith et al., *Beyond a Dreamcatcher*, 16.

<sup>48</sup> NYSHN, “Indigenizing Harm Reduction,” 38.

<sup>49</sup> Interagency Coalition on AIDS and Development & Canadian Aboriginal AIDS Network, “Policy Brief,” 4.

<sup>50</sup> Dulay et al., “Talk-Listen,” 15.

<sup>51</sup> Smith et al., *Beyond a Dreamcatcher*, 16.

<sup>52</sup> NYSHN, “Indigenizing Harm Reduction,” 37.

Figure 5: Adapted from the Native Youth Sexual Health Network's four-fire model



### **Bright Spot: The Four-Fire Model – Rooted in First Nations, Métis, Inuit and urban Indigenous Knowledge**

A mainstream approach to reducing harms caused by substance use in B.C. is based on a four-pillar model that includes prevention, treatment, harm reduction and enforcement.<sup>53</sup> In *A Pathway to Hope*, MMHA identifies four foundational pillars that will guide the improvement of services: wellness promotion and prevention; seamless and integrated care; equitable access to culturally safe and effective care; and, Indigenous health and wellness.<sup>54</sup> However, the Native Youth Sexual Health Network (NYSHN) and the Interagency Coalition on AIDS and Development & Canadian Aboriginal AIDS Network underscore that, while mainstream ways of reducing harms caused by substances are necessary and save lives, they do not address the underlying systemic and social factors that contribute to substance use in the first place, in particular for First Nations, Métis, Inuit and urban Indigenous youth.<sup>55,56</sup> Further, while these four pillars may be useful, *how they are implemented can "sometimes also uphold colonial ideals of health, power and oppression."*<sup>57</sup>

<sup>53</sup> Native Youth Sexual Health Network, "Indigenizing Harm Reduction: Moving Beyond the Four-Pillar Model," *Visions*, 11, no. 4 (2016): 37.

<sup>54</sup> MMHA, *A Pathway to Hope*.

<sup>55</sup> NYSHN, "Indigenizing Harm Reduction," 37.

<sup>56</sup> Interagency Coalition on AIDS and Development & Canadian Aboriginal AIDS Network, "Policy Brief: Indigenous Harm Reduction = Reducing the Harms of Colonialism," last modified March 19, 2019, <http://www.icad-cisd.com/pdf/Publications/Indigenous-Harm-Reduction-Policy-Brief.pdf>.

<sup>57</sup> NYSHN, "Indigenizing Harm Reduction," 37.



## Future Considerations

### Resource Development and Youth Substance Use

The findings of this report highlight a lack of youth-specific substance use services in Northern B.C., as well as in rural and remote places across the province. Worth considering is the high potential for resource extraction and development in many of these same communities – and the associated social costs.

Several reports in recent years have highlighted the social consequences of resource extraction and development on communities in B.C.<sup>58</sup> This type of industry has been linked to family stress, domestic violence and substance use among industry workers, as well as higher rates of sexual assault, drug trafficking and organized crime in communities.<sup>59</sup> The National Inquiry found a link between the resource development industry in northeastern B.C. and violence against Indigenous girls, women and 2SLGBTQQIA people, in particular sexualized violence.<sup>60</sup> Two Amnesty International reports found that an increased flow of money in the resource development industry contributes to higher rates of substance use and sexualized violence.<sup>61,62</sup> What is not well understood, however, is the impact of resource extraction and development on substance use among youth and young adults.

Trauma and mental health concerns are key determinants of youth substance use,<sup>63</sup> so it is likely that the social consequences of resource extraction and development identified above would also negatively impact youth. Given the scarcity of youth substance use services in most northern, rural and remote communities in B.C. – places where resource extraction and development are most likely to take place – this is an important consideration for future work.

In its report *Out of Sight, Out of Mind*, Amnesty International called on the government of B.C. to: “conduct an assessment of the cumulative social impacts of resource development projects in northeast B.C., with concrete recommendations to mitigate negative social impacts associated with the scale and nature of resource development, including the specific impacts on Indigenous women and girls – and to undertake an assessment of ... service needs in northeast BC, with recommendations addressing the need for culturally-relevant, gender-specific programming for Indigenous peoples, and gender equality and Indigenous cultural competency training for frontline service providers.”<sup>63</sup>

<sup>58</sup> Resource extraction and development may include oil and gas extraction, coal mining, forestry, and hydroelectric development.

<sup>59</sup> Northern Health and Provincial Health Services Authority, *The Social Determinants of Health Impacts of Resource Extraction and Development in Rural and Northern Communities: A Summary of Impacts and Promising Practices for Assessment and Monitoring* (Northern Health, 2018).

<sup>60</sup> NIMMIWG, “Reclaiming Power and Place, Volume 1a,” 584-86.

<sup>61</sup> Amnesty International, *Out of Sight, Out of Mind*, 39.

<sup>62</sup> Amnesty International, *The Point of No Return: The Human Rights of Indigenous Peoples in Canada Threatened by the Site C Dam* (London, UK: Amnesty International, Inc, 2016).

<sup>63</sup> RCY, *Time to Listen*, p. 21

<sup>64</sup> Amnesty International, *Out of Sight, Out of Mind*, 75.



## Efficacy of Youth Substance Use Services

While this report provides a comprehensive overview of the types of youth substance use services available in B.C., it does not capture the quality or efficacy of each service type. Many service providers spoke to their flexibility in service provision and the policies in place to ensure culturally safe and appropriate service delivery. They also spoke about doing what they could to help youth transition between services. Some even expressed gratitude for RCY calling to ask about their services, stating no one had ever contacted them for this information. However, without speaking to youth service users directly, RCY cannot report on the quality or efficacy of these services. To truly understand what services are needed in B.C., it is worth reviewing the efficacy of services, specifically asking if they are meeting a diversity of needs and improving long-term outcomes for youth in B.C.

## Social Determinants of Well-being and Service Access

This report reviews the landscape of youth substance use services in B.C. and provides the perspectives of service providers. What has not yet been reviewed, however, is the complex interplay of substance use service access with key determinants of well-being, including cultural and social connectedness, economic security, food security, environmental sustainability and affordable and appropriate housing. Each of these determinants can hinder or promote access to the health and human services that support well-being – including youth substance use services. It is important to look at how each of the social determinants of well-being impact youth access to substance use supports in B.C., considering the intersectionality of these determinants and compounding variables that put certain population groups at an advantage or disadvantage.

## Conclusion

This report establishes a new baseline of publicly funded and no-cost youth substance use services in B.C. available to youth under the age of 19. It shares the perspectives of service providers and highlights service gaps across the province.

Reiterating many of the concerns voiced by youth, families and service providers over the past several years, this report found that youth substance use services in B.C. are limited and those that do exist are difficult to find and navigate between. The landscape is complicated, with a funding divide between mental health and substance use services leaving many service providers struggling to bridge the gap and provide appropriate services for youth with concurrent disorders. Information about services is also difficult to find, with no centralized point for access or information. Calling a service provider directly is a challenge, with many calls going to voicemail or to a switchboard.

Across the province, youth-specific substance use services are limited. This is especially true for northern and remote communities. Substance-related hospitalizations for youth in remote communities are close to four times the average rate for youth in B.C., yet remote communities have the fewest services available. Youth often need to travel to large urban centres to get the level of support they need, presenting them with a large financial burden and potentially removing them from their social support networks. Harm reduction services are widely available across B.C., with most substance use service locations providing harm reduction supplies and naloxone training to youth; however, there are still no youth-specific safe consumption sites and harm reduction approaches are very westernized and colonial.

## Conclusion

In the development of this report, RCY spoke with dedicated service providers from across B.C. who are striving to meet the needs of the young people they are serving. Most are aware of their limitations and are frustrated by insufficient funding and narrow mandates. It was clear that service providers are doing what they can, often going beyond their mandates in an attempt to provide services to youth in need. The majority of service providers indicated moving towards a low-barrier – “every door is an open door” – model of delivery, where no youth is turned away and a referral is rarely necessary.

The gaps in youth substance use services highlighted in this report are not new. They have been voiced by RCY before, as well as by many other organizations in B.C. This report adds to the body of knowledge about the current service landscape and will allow the Representative to track progress made by MMHA and HLTH to improve access to and information about youth substance use services in B.C., as called for in RCY’s *A Review of Youth Substance Use Services in B.C.* and *Time to Listen* reports.

## Appendix A: Glossary of Terms

### Addiction Medicine Consult

Addiction medicine provided by a specialist family physician trained in substance use issues.

### Concurrent Disorder Services

Concurrent disorder can denote a varied range of co-occurring mental illnesses, and substance use issues. A concurrent disorder service provides care, support and/or treatment to youth experiencing two or more medical issues – mental health and substance use.

### Counselling

Services that help youth and their families work through trauma and/or other factors that contribute to the development of substance use issues. Counselling includes support with goal setting, complex emotions, access to treatment and services, referrals, and follow-up care. May be provided to individuals, families or in a group setting.

### Day Treatment

Services that provide intensive community-based programs to youth with problematic substance use. These services are typically provided four to five days a week, usually in a group setting, and sometimes along with other supports such as alternative education and counselling.

### Harm Reduction:

#### Mobile Harm Reduction

Community-based harm reduction services provided by a mobile team in various locations. Service team can administer naloxone, provide naloxone training, distribute safe supplies and provide support, information and referral if needed.

#### Primary Care Harm Reduction

Substance use treatment delivered by a nurse, nurse practitioner, physician, or other clinical team member, that does not fall within other service types such as Opioid Agonist Treatment. May include teaching youth how to administer naloxone or other harm reduction measures.

#### Supervised Consumption Services (SCS)

Health services where youth can consume substances (that they have obtained elsewhere) in a hygienic environment, under the supervision of trained staff. The intent is to reduce the number of overdose deaths, connect people who use illegal drugs with healthcare services, including treatment, and reduce public drug use and discarded used needles. SCS also provides opportunities to engage in other health and social services.

### **Overdose Prevention Sites (OPS)**

Services in some parts of B.C. that were established as a response to the opioid overdose public health emergency, which provide people who use drugs a space where they can be monitored by health professionals and receive treatment for an overdose if needed.

### **Drug Testing**

A service where people may go to have their drugs tested for any contaminants, such as fentanyl.

### **Supply Distribution and Training**

Distribution of clean drug paraphernalia, such as needles, syringes, glass tubes and alcohol wipes. Many places also provide Naloxone kits along with training on how to administer Naloxone.

### **In-patient Treatment**

A substance use treatment that requires overnight stays in a hospital setting.

### **Intensive Case Management**

Substance use service for youth not able to be served by other levels or types of service. Psychosocial harm reduction model in a community-based setting to reduce the risk to the youth. Frequency of contact with youth may be more intensive than other services.

### **Opioid Agonist Treatment (OAT)**

An evidence-based treatment for opioid use disorder, which involves the prescription and daily administration of medications to support the recovery from opioids such as heroin or fentanyl. OAT relieves withdrawal symptoms, reduces the physiological cravings and allows body functions to become stable. Methadone and buprenorphine/naloxone (also called suboxone) are the most common medications used for opioid agonist treatment. Also known as Opioid Substitution Treatment, Opioid Substitution Therapy and Opioid Assisted Treatment.

### **Outreach**

Community-based services, which may include counselling, designed to improve health and reduce substance-related risk or harm. These services are designed to reach youth where they are at, often meeting youth in the community, to support with their daily living skills and activities and provide connections to health or social services.

### **Residential Treatment**

Residential treatment provides time-limited treatment in structured, substance-free, live-in settings. Treatment includes individual, group and family counselling/therapy, as well as psycho-social education and life-skills training. Live-in programs generally have structured programming and on-site multi-disciplinary teams available to support youth treatment plans. In addition, there are staff onsite 24 hours a day. Some programs may also provide medical, nursing or psychiatric support.

## **Supportive Recovery**

Time-limited (often up to six months), live-in setting offering low to moderate supports in a safe and supportive environment for youth experiencing substance use-related challenges. Youth access supportive recovery if they require additional supports or a different living environment. Supportive recovery can serve as a “step up” and/or “step down” along the continuum of care in preparation for more intensive treatment and/or when moving from intensive treatment to home-based settings.

### **Family Care Home Model**

Non-medical withdrawal management and supportive recovery in a family care home setting.

### **Live-in Model**

Supportive recovery in a house with other youth and staff on-site 24 hours per day.

## **Withdrawal Management**

Withdrawal management provides assistance with withdrawal from alcohol and/or other substances for youth who are seeking help for their substance use issues. A planned withdrawal supports the youth to go through the process of withdrawing from substances in a safe manner with medical and personal care provided as needed. Detoxification is only one component of the withdrawal process. Withdrawal management implies a more holistic and comprehensive approach to helping someone through withdrawal – one that provides the necessary care during the “detox” process, as well as ongoing supports after the chemical effects of the substance(s) have worn off, to assist the individual to stabilize physically and psychologically, and to connect them with appropriate substance use treatment and other health and social services.

### **Medical Withdrawal Management**

A medical practitioner, sometimes in combination with other health care professionals, provides medical supervision of withdrawal, also known as detoxification.

### **Non-Medical Withdrawal Management**

May be provided at a residential facility or family care home or provided in a home or clinic setting. Designed to assist youth with stabilizing both physically and emotionally. Non-medical withdrawal management is not monitored by a physician, however youth are supervised and supported by staff or caregivers.

## Appendix B: Inventory of Services

**Service Types:** Addiction Medicine Consult, Counselling (Individual, Group, Family), Concurrent Disorder Services, Day Treatment, Harm Reduction (Supply Distribution, Drug Testing, Naloxone Kit Training and Distribution, Primary Care), Intensive Case Management, Opioid Agonist Treatment, Outreach, Residential Treatment, Supportive Recovery, Withdrawal Management

First Nations Health Authority							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Nenqayni Wellness Centre Society	Youth and Family Inhalant Program	Williams Lake	3 Nations: Shuswap, Carrier, Chilcotin	7 days a week	12-18	Yes
Day Treatment	Nenqayni Wellness Centre Society	Nenqayni Wellness Centre Society	Williams Lake	3 Nations: Shuswap, Carrier, Chilcotin	Mon-Fri	13-18	Yes
Residential Treatment	Kackaamin Family Development Centre	First Nations Family Alcohol and Drug Treatment	Port Alberni	Province	7 days a week	All	Yes
Residential Treatment	Nenqayni Wellness Centre Society	Youth and Family Inhalant Program	Williams Lake	Nation-wide	7 days a week	13-18	No

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Concurrent Disorder Services	Foundry Abbotsford	Youth Concurrent Disorders Consultants	Abbotsford	Fraser East: Mission to Boston Bar	Mon-Fri	12-24	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Concurrent Disorder Services	Foundry Abbotsford	Youth Concurrent Disorders Therapist	Abbotsford	Fraser East: Mission to Boston Bar	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Foundry Abbotsford	First Nation Concurrent Disorders Therapy Overdose Response	Abbotsford	Fraser East: Mission to Boston Bar	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Fraser Health	Youth Concurrent Disorders Consultants	Port Moody	Fraser North: Burnaby, New Westminster, the Tri-Cities, Pitt Meadows and Maple Ridge	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Fraser Health	Youth Concurrent Disorders Consultants	Surrey	Fraser South: Surrey, Langley, White Rock and Delta	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Fraser Health	Youth Concurrent Disorders Therapist	Port Moody	Fraser North: Burnaby, New Westminster, the Tri-Cities, Pitt Meadows and Maple Ridge	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Fraser Health	Youth Concurrent Disorders Therapist	Surrey	Fraser South: Surrey, Langley, White Rock and Delta	Mon-Fri	12-24	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Concurrent Disorder Services	Fraser Health	First Nation Concurrent Disorders Therapy Overdose Response	Port Moody	Fraser North: Burnaby, New Westminster, the Tri-Cities, Pitt Meadows and Maple Ridge	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Fraser Health	First Nation Concurrent Disorders Therapy Overdose Response	Surrey	Fraser South: Surrey, Langley, White Rock and Delta	Mon-Fri	12-24	Yes
Counselling (Family)	Agassiz Harrison Community Services	Agassiz Harrison Community Services	Agassiz-Harrison	Agassiz-Harrison	Mon-Fri	12+	Yes
Counselling (Family)	Boys and Girls Club of South Coast BC	Odyssey I	North Burnaby	Burnaby	Mon-Fri	12-24	Yes
Counselling (Family)	Lower Mainland Purpose Society for Youth and Families	Youth Program	New Westminster	New Westminster and surrounding area	Mon-Fri; weekends by appointment	0-24	No
Counselling (Family)	Maple Ridge/ Pitt Meadows Community Services	Youth Wellness Centre Program	Maple Ridge	Maple Ridge, Pitt Meadows and surrounding area	Tues/Weds/ Thurs	12-24	Yes
Counselling (Family)	Mission Friendship Centre Society	Alcohol and Drug Counselling	Mission	Province	Mon-Fri	All	Yes



Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Family)	Sources Community Resources Society	Substance Use Services	White Rock	South of 40th Avenue and West of Langley	Mon-Fri	12+	Yes
Counselling (Group)	Boys and Girls Club of South Coast BC	Odyssey I	North Burnaby	Burnaby	Mon-Fri	12-24	Yes
Counselling (Group)	Hope and Area Transition Society	Prevention and Outreach Services	Hope	Boston Bar, Sunshine Valley	Mon-Fri	12-24	Yes
Counselling (Group)	Lower Mainland Purpose Society for Youth and Families	Youth Program	New Westminster	New Westminster and surrounding area	Mon-Fri; weekends by appointment	0-24	No
Counselling (Group)	Mission Friendship Centre Society	Alcohol and Drug Counselling	Mission	Province	Mon-Fri	All	Yes
Counselling (Group)	Purpose Society	Addiction Services	Burnaby	Province	Mon-Fri	12-19	Yes
Counselling (Group)	SHARE Family and Community Services	Youth Substance Use Services	Port Moody	Tri-cities (Port Moody, Port Coquitlam and Coquitlam)	Mon-Fri	13-24	Yes
Counselling (Group)	Sources Community Resources Society	Substance Use Services	White Rock	South of 40th Avenue and West of Langley	Mon-Fri	12+	Yes
Counselling (Individual)	Agassiz Harrison Community Services	Agassiz-Harrison Community Services	Agassiz-Harrison	Agassiz-Harrison	Mon-Fri	12+	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Alouette Addiction Services	Alouette Addiction Services	Maple Ridge	Maple Ridge, Pitt Meadows	Wednesdays	12-24	Yes
Counselling (Individual)	Alouette Addiction Services	Alouette Addiction Services	Maple Ridge	Maple Ridge, Pitt Meadows	Mon-Sat	12+	Yes
Counselling (Individual)	Archway Community Services	Abbotsford Addictions Centre	Abbotsford	Abbotsford	Mon-Sat	All	Yes
Counselling (Individual)	Boys and Girls Club of South Coast BC	Odyssey I	North Burnaby	Burnaby	Mon-Fri	12-24	Yes
Counselling (Individual)	Deltassist Family and Community services	Youth Outpatient Substance Use Services	North Delta	Delta area	Mon-Fri	0-18	Yes
Counselling (Individual)	Deltassist Family and Community services	Youth Outpatient Substance Use Services	Duncan	Delta area	Mon-Fri	0-18	Yes
Counselling (Individual)	DIVERSEcity Community Resources Society	Community Youth Substance Use Services	Surrey	Surrey and surrounding area	Mon-Fri; Sun	13+	Yes
Counselling (Individual)	Foundry Abbotsford	Impact Substance Use Services for Youth	Abbotsford	Abbotsford	Mon-Fri	12-24	Yes
Counselling (Individual)	Fraserside Community Services	Perspectives Youth & Family Outreach	New Westminster	New Westminster and surrounding area	Mon-Fri	12-25	Yes
Counselling (Individual)	Hope and Area Transition Society	Prevention and Outreach Services	Hope	Boston Bar, Sunshine Valley	Mon-Fri	12-24	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Langley Community Services	Substance Use Services	Langley	Langley, Aldergrove, Cloverdale	Mon-Fri	All	Yes
Counselling (Individual)	Lower Mainland Purpose Society for Youth and Families	Youth Program	New Westminster	New Westminster and surrounding area	Mon-Fri; weekends by appointment	0-24	No
Counselling (Individual)	Maple Ridge/ Pitt Meadows Community Services	Youth Wellness Centre Program	Maple Ridge	Maple Ridge, Pitt Meadows and surrounding area	Tues, Weds, Thurs	12-24	Yes
Counselling (Individual)	Mission Friendship Centre Society	Alcohol and Drug Counselling	Mission	Province	Mon-Fri	All	Yes
Counselling (Individual)	Pacific Community Resource Society	Chilliwack Addiction and Prevention Services (CAPS)	Chilliwack	Chilliwack	Mon-Fri	13-18	Yes
Counselling (Individual)	Purpose Society	Addiction Services	Burnaby	Province	Mon-Fri	12-19	Yes
Counselling (Individual)	SHARE Family and Community Services	Youth Substance Use Services	Port Moody	Tri-cities (Port Moody, Port Coquitlam and Coquitlam)	Mon-Fri	13-24	Yes
Counselling (Individual)	Sources Community Resources Society	Substance Use Services	White Rock	South of 40th Avenue and West of Langley	Mon-Fri	12+	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Day Treatment	Pacific Community Resource Society	Day Evening Weekend for Youth (DEWY)	Surrey	Surrey and surrounding area	Tue-Fri	13-18	Yes
Harm Reduction	Alouette Addiction Services	Alouette Addiction Services	Maple Ridge	Maple Ridge, Pitt Meadows	Mon-Sat	12+	Yes
Harm Reduction	Lower Mainland Purpose Society for Youth and Families	Stride Program	New Westminster	New Westminster and surrounding area	Mon-Fri; weekends by appointment	All	No
Harm Reduction	Maple Ridge/Pitt Meadows Community Services	Youth Wellness Centre Program	Maple Ridge	Maple Ridge, Pitt Meadows and surrounding area	Tues, Weds, Thurs	12-24	Yes
Harm Reduction	Mission Friendship Centre Society	Alcohol and Drug Counselling	Mission	Province	Mon-Fri	All	Yes
Harm Reduction	Pacific Community Resource Society	Chilliwack Addiction and Prevention Services (CAPS)	Chilliwack	Chilliwack and surrounding area	7 days a week	All	N/A
Harm Reduction	SHARE Family and Community Services	Youth Substance Use Services	Port Moody	Tri-cities (Port Moody, Port Coquitlam and Coquitlam)	Mon-Fri	13-24	Yes
Harm Reduction	Sources Community Resources Society	Substance Use Services	White Rock	South of 40th Avenue and West of Langley	Mon-Fri	12+	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Opioid Agonist Treatment	Alouette Addiction Services	Alouette Addiction Services	Maple Ridge	Maple Ridge, Pitt Meadows	Tues, Weds	All	Yes
Opioid Agonist Treatment	Fraser Health	Burnaby Mental Health and Substance Use Centre	Burnaby	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	Langley Opioid Agonist Treatment Clinic	Langley	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	Maxxine Wright Community Health Centre	Surrey	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	Mission Community Health Centre	Mission	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	Port Moody Opioid Agonist Treatment	Port Moody	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	Quibble Creek Sobering and Assessment Centre	Surrey	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	Rapid Access Out-Patient Clinic	Surrey	Fraser Health region	Mon-Fri	All	Yes
Opioid Agonist Treatment	Fraser Health	White Rock Opioid Agonist Treatment	White Rock	White Rock and surrounding area	Mon-Fri	All	Yes
Outreach	Alouette Addiction Services	Alouette Addiction Services	Maple Ridge	Maple Ridge, Pitt Meadows	Mon-Fri	12-24	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	Archway Community Services	Abbotsford Addictions Centre	Abbotsford	Abbotsford	Mon-Sat	12-25	Yes
Outreach	Boys and Girls Club of South Coast BC	Odyssey I	North Burnaby	Burnaby	Mon-Fri	12-24	Yes
Outreach	Foundry Abbotsford	Impact Substance Use Services for Youth	Abbotsford	Abbotsford	Mon-Fri	12-24	Yes
Outreach	Langley Community Services	Substance Use Services	Langley	Langley, Aldergrove, Cloverdale	Mon-Fri	12-18	Yes
Outreach	Lower Mainland Purpose Society for Youth and Families	Stride Program	New Westminster	New Westminster and surrounding area	Mon-Fri; weekends by appointment	All	Yes
Outreach	Lower Mainland Purpose Society for Youth and Families	North Fraser Youth Outreach Services	New Westminster	New Westminster and surrounding area	Mon-Fri; weekends by appointment	0-24	Yes
Outreach	Pacific Community Resource Society	Astra Program	Langley	Aldergrove, Langley, Cloverdale	Mon-Fri	13-24	Yes
Outreach	Pacific Community Resource Society	Astra Program	Chilliwack	Chilliwack and surrounding area	Mon-Fri	13-24	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	Pacific Community Resource Society	Astra Program	Tri-Cities	Coquitlam, Port Coquitlam, Port Moody	Mon-Fri	13-24	Yes
Outreach	Pacific Community Resource Society	Astra Program	Surrey	Delta, Ladner, Tsawwassen, White Rock, South Surrey	Mon-Fri	13-24	Yes
Outreach	Pacific Community Resource Society	Astra Program	Maple Ridge	Maple Ridge, Pitt Meadows	Mon-Fri	13-24	Yes
Outreach	Pacific Community Resource Society	Astra Program	North Surrey	North Surrey	Mon-Fri	13-24	Yes
Outreach	Pacific Community Resource Society	First Response Youth Addiction Outreach Program	Surrey	Surrey, Cloverdale, Langley, Aldergrove	7 days a week	12-19	No
Outreach	Pacific Community Resource Society	First Response Youth Addiction Outreach Program	Chilliwack	Chilliwack and surrounding area	7 days a week	12-19	No
Outreach	SHARE Family and Community Services	Youth Substance Use Services	Port Moody	Tri-cities (Port Moody, Port Coquitlam and Coquitlam)	Mon-Fri	13-24	Yes
Outreach	Sources Community Resources Society	Substance Use Services	White Rock	South of 40th Avenue and West of Langley	Mon-Fri	12+	Yes

Fraser Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Residential Treatment	Last Door Recovery Society	Youth Program	New Westminster	Fraser Health Region	7 days a week	14-18	No
Withdrawal Management (Youth Justice Only)	Elizabeth Fry Society of Greater Vancouver	A'mut Program	Surrey	Province	7 days a week	12-18	No
Withdrawal Management	Fraser Health	Creekside Withdrawal Management	Surrey	Fraser Health Region	7 days a week	14-18	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Concurrent Disorder Services	Foundry Penticton	Foundry Penticton	Penticton	South Okanagan and Similkameen	Mon-Fri	16-24	Yes
Concurrent Disorder Services	Freedom Quest Youth Services Society	Concurrent Disorder Program	Castlegar	West Kootenay and surrounding area	Mon-Fri	12-19	Yes
Concurrent Disorder Services	Whitevalley Community Resource Centre	Whitevalley Community Resource Centre	Lumby	Lumby and surrounding area	Mon-Fri	All	Yes
Counselling (Family)	Foundry Kelowna	Foundry Kelowna	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes
Counselling (Family)	Interior Health	Youth Substance Use Community Outpatient Services	Vernon	Vernon	Mon-Fri	13+	Yes



Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Family)	Interior Health	MHSU	Oliver	O.K. Falls, Willow Brooke and surrounding area	Mon-Fri	All	Yes
Counselling (Family)	Interior Health	MHSU	Princeton	Keremeos & Princeton	Mon-Fri	12+	Yes
Counselling (Family)	Kamloops Aboriginal Friendship Society	Kamloops Aboriginal Friendship Society	Kamloops	Kamloops and surrounding area	Mon-Fri	All	Yes
Counselling (Family)	Pathways Addictions Resource Centre	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Mon-Fri	10-24	Yes
Counselling (Family)	Phoenix Centre: Kamloops Society for Alcohol and Drug Services	Raven Program	Kamloops	Kamloops	Mon-Fri	13-24	Yes
Counselling (Family)	Whitevalley Community Resource Centre	Whitevalley Community Resource Centre	Lumby	Lumby and surrounding area	Mon-Fri	All	Yes
Counselling (Family)	Yellowhead Community Services	Youth Substance Use Counselling Services	Clearwater	Clearwater and surrounding area	Mon-Fri	12-18	Yes
Counselling (Family)	Yellowhead Community Services	Youth Substance Use Counselling Services	Barriere	Clearwater and surrounding area	Mon-Fri	12-18	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Group)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Castlegar	West Kootenay and Boundary Region	Fridays	15+	Yes
Counselling (Group)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Nelson	Nelson	Thursdays	15+	Yes
Counselling (Group)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Grand Forks	Grand Forks	Fridays	15+	Yes
Counselling (Group)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Trail	Trail	Wednesdays	15+	Yes
Counselling (Group)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Nakusp	Nakusp	Weds/Sat	15+	Yes
Counselling (Group)	Foundry Kelowna	Foundry Kelowna	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes
Counselling (Group)	Foundry Penticton	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Mon-Fri	12-24	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Group)	Interior Health	Youth Substance Use Community Outpatient Services	Vernon	Vernon	Mon-Fri	13+	Yes
Counselling (Group)	Interior Health	MHSU	Oliver	O.K. Falls, Willow Brooke, and area	Mon-Fri	All	Yes
Counselling (Group)	Pathways Addictions Resource Centre	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Mon-Fri	10-24	Yes
Counselling (Group)	Whitevalley Community Resource Centre	Whitevalley Community Resource Centre	Lumby	Lumby and surrounding area	Mon-Fri	All	Yes
Counselling (Individual)	ARC Programs	Changes	Kelowna	Central Okanagan	Mon-Fri	11-19	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Kamloops	Kamloops and surrounding area	Mon/Tues/ Thurs/ Fri	13-24	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Chase	Chase and surrounding area	Wednesdays	13-24	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Merritt	Merritt and surrounding area	Mon/Fri	13-24	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Lytton	Lytton and surrounding area	Every 2nd Thursday	13-24	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Lillooet	Lillooet and surrounding area	Every 2nd Thursday	13-24	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Logan Lake	Logan Lake and surrounding area	Wednesdays	13-24	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Ashcroft	Ashcroft and surrounding area	Tuesdays	13-24	Yes
Counselling (Individual)	Axis Family Resources	1st Step Mobile Treatment Program	Cache Creek	Cache Creek and surrounding area	Tuesdays	13-24	Yes
Counselling (Individual)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Castlegar	West Kootenay and Boundary region	Variable	15+	Yes
Counselling (Individual)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Nelson	Nelson	Variable	15+	Yes
Counselling (Individual)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Grand Forks	Grand Forks	Variable	15+	Yes
Counselling (Individual)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Trail	Trail	Variable	15+	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Circle of Indigenous Nations Society	Healing Our Spirits, Mental Health and Addictions Program	Nakusp	Nakusp	Variable	15+	Yes
Counselling (Individual)	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Cranbrook	Cranbrook/ Kimberley	Mon-Fri	0-19	No
Counselling (Individual)	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Golden	Golden	Mon-Fri	0-19	Yes
Counselling (Individual)	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Creston	Creston	Mon-Fri	0-19	No
Counselling (Individual)	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Fernie	The Elk Valley	Mon-Fri	0-19	Yes
Counselling (Individual)	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Invermere	Invermere	Mon-Fri	0-19	Yes
Counselling (Individual)	Encompass Support Society	Langley Youth Hub	Langley	Langley and surrounding, all youth welcome	Tuesdays	12-24	No
Counselling (Individual)	Encompass Support Society	Langley Youth Hub	Langley	Langley and surrounding, all youth welcome	Thursdays	12-24	No

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Foundry Kelowna	Foundry Kelowna	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes
Counselling (Individual)	Foundry Penticton	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Mon-Fri	12-24	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Trail	Trail and surrounding areas	Mon-Fri	12-19	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Nelson	Nelson and surrounding areas	Mon-Fri	12-19	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Nakusp	Nakusp and surrounding areas	Hours may vary; Call to confirm	12-19	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Grand Forks	Grand Forks and surrounding areas	Mon-Fri	12-19	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Kaslo	Kaslo and surrounding areas	Wed	12-19	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Salmo	Salmo and surrounding areas	Mon-Fri	12-19	Yes
Counselling (Individual)	Freedom Quest Youth Services Society	Youth Substance Use Counselling	Castlegar	West Kootenay and surrounding communities	Variable	12-19	Yes
Counselling (Individual)	Interior Health	MHSU - Youth Outreach	Salmon Arm	Salmon Arm & area	Tues-Fri	All	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Interior Health	Youth Substance Use Community Outpatient Services	Vernon	Vernon	Mon-Fri	13+	Yes
Counselling (Individual)	Interior Health	MHSU	Williams Lake	Williams Lake and surrounding area	Mon-Thurs	12-24	Yes
Counselling (Individual)	Interior Health	MHSU	Oliver	O.K. Falls, Willow Brooke, and area	Mon-Fri	All	Yes
Counselling (Individual)	Interior Health	MHSU	Princeton	Keremeos & Princeton	Mon-Fri	12+	Yes
Counselling (Individual)	Kamloops Aboriginal Friendship Society	Kamloops Aboriginal Friendship Society	Kamloops	Kamloops and surrounding area	Mon-Fri	All	Yes
Counselling (Individual)	Lillooet Friendship Centre	Mental Health and Addictions	Lillooet	Lillooet and surrounding area	Mon-Fri	16+	Yes
Counselling (Individual)	Metis Community Services Society of B.C.	Metis Community Services Society of B.C.	Kelowna	Central Okanagan	Mon-Fri	16+	Yes
Counselling (Individual)	Pathways Addictions Resource Centre	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Mon-Fri	10-24	Yes
Counselling (Individual)	Phoenix Centre: Kamloops Society for Alcohol and Drug Services	Raven Program	Kamloops	Kamloops	Mon-Fri	13-24	Yes



Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Whitevalley Community Resource Centre	Whitevalley Community Resource Centre	Lumby	Lumby and surrounding area	Mon-Fri	All	Yes
Counselling (Individual)	Yellowhead Community Services	Youth Substance Use Counselling Services	Clearwater	Clearwater and surrounding area	Mon-Fri	12-18	Yes
Counselling (Individual)	Yellowhead Community Services	Youth Substance Use Counselling Services	Barriere	Clearwater and surrounding area	Mon-Fri	12-18	Yes
Day Treatment	ARC Programs	Changes	Kelowna	Central Okanagan	Mon-Fri	11-19	Yes
Day Treatment	Axis Family Resources	1st Step Mobile Treatment Program	100 Mile House	Thompson/Shuswap	Variable	13-24	No
Day Treatment	Axis Family Resources	1st Step Mobile Treatment Program	Williams Lake	Thompson/Shuswap	Variable	13-24	No
Day Treatment	East Kootenay Addiction Services Society	TEAM: Teen Empowerment and Mastery Program	Cranbrook	Cranbrook/Kimberley	Varies	15-18	No
Day Treatment	Freedom Quest Youth Services Society	RADD-Day Treatment Program	Castlegar	West Kootenay and surrounding communities	Weds-Fri	12-19	Yes
Harm Reduction	Foundry Kelowna	Foundry Kelowna	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Harm Reduction	Foundry Penticton	One Sky Community Resources	Penticton	South Okanagan and Similkameen	Mon-Fri	12-24	Yes
Harm Reduction	Interior Health	MHSU	Williams Lake	Williams Lake and surrounding area	Mon-Fri	All	Yes
Harm Reduction	Ki-Low-Na Friendship Society	Youth Centre	Kelowna	Kelowna and surrounding area	Mon-Fri	All	Yes
Harm Reduction	Living Positive Resource Centre	Living Positive Resource Centre	Kelowna	Kelowna	Mon-Fri	All	Yes
Harm Reduction	Pathways Addictions Resource Centre	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Mon-Fri	10-24	Yes
Harm Reduction	South Okanagan Women in Need Society	SafeXST Program	Penticton and area	South Okanagan and Similkameen	Tues-Fri for mobile van; Centre is Mon-Fri	All	Yes
Harm Reduction	Yellowhead Community Services	Youth Substance Use Counselling Services	Clearwater	Clearwater and surrounding area	Mon-Fri	12-18	Yes
Harm Reduction	Yellowhead Community Services	Youth Substance Use Counselling Services	Barriere	Clearwater and surrounding area	Mon-Fri	12-18	Yes
Intensive Case Management	Foundry Kelowna	Youth Intensive Case Management	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes
Intensive Case Management	Interior Health	MHSU - Youth Outreach	Salmon Arm	Salmon Arm & area	Tues-Fri	All	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Intensive Case Management	Interior Health	Youth Intensive Case Management	Kamloops	Kamloops	Mon-Fri	12-24	Yes
Opioid Agonist Treatment	Foundry Kelowna	Foundry Kelowna	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes
Opioid Agonist Treatment	Pathways Addictions Resource Centre	Pathways Addictions Resource Centre	Penticton	South Okanagan and Similkameen	Thursdays	10-24	Yes
Outreach	ARC Programs	Changes	Kelowna	Central Okanagan	Mon-Fri	11-19	Yes
Outreach	Axis Family Resources	1st Step Mobile Treatment Program	Kamloops	Kamloops and surrounding area	Mon/Tues/ Thurs/ Fri	13-24	Yes
Outreach	Axis Family Resources	1st Step Mobile Treatment Program	Chase	Chase and surrounding area	Wednesdays	13-24	Yes
Outreach	Canadian Mental Health Association for the East Kootenays	Alcohol and Drug Youth Outreach Program	Cranbrook	Cranbrook, Kimberly primary focus; 30k radius	Mon-Fri	11-18	Yes
Outreach	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Cranbrook	Cranbrook/ Kimberley	Mon-Fri	0-19	No
Outreach	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Golden	Golden	Mon-Fri	0-19	Yes
Outreach	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Creston	Creston	Mon-Fri	0-19	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Fernie	The Elk Valley	Mon-Fri	0-19	Yes
Outreach	East Kootenay Addiction Services Society	Outpatient Youth Substance Use Counselling	Invermere	Invermere	Mon-Fri	0-19	No
Outreach	Family Dynamix Association	Youth Outreach Program	Invermere	Invermere, Radium Hot Springs, Canal Flats, Regional District of East Kootenay Areas F and G, Shuswap and Akisqnuq Bands	Mon/Tues/Fri	12-19	Yes
Outreach	Foundry Kelowna	Foundry Kelowna	Kelowna	Kelowna and surrounding area	Mon-Fri	12-24	Yes
Outreach	Interior Health	Community Prevention Worker	100 Mile House	100 Mile House and surrounding area	Tues-Thurs	5-18	Yes
Outreach	Interior Health	Youth Substance Use Community Outpatient Services	Vernon	Vernon	Mon-Fri	13+	Yes
Outreach	Kamloops Aboriginal Friendship Society	Kamloops Aboriginal Friendship Society	Kamloops	Kamloops and surrounding area	Mon-Fri	All	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	Nelson Community Services Centre	Overdose Prevention Program	Nelson	Nelson and surrounding areas	Mon-Fri	All	
Outreach	Okanagan Boys and Girls Clubs	Reconnect Youth Outreach	Kelowna	Kelowna, Peachland, Winfield, Oyama	Mon-Fri	13-18	Yes
Outreach	Pathways Addictions Resource Centre	Pathways Addictions Resource Centre	Penticton (schools)	South Okanagan and Similkameen	Mon-Fri	10-24	Yes
Outreach	Phoenix Centre: Kamloops Society for Alcohol and Drug Services	Youth Outreach	Kamloops	Kamloops & Merritt	Mon-Fri	13-24	Yes
Outreach	South Okanagan Women in Need Society	South Okanagan Women in Need Society	Penticton and area	South Okanagan and Similkameen	Varies	All	Yes
Outreach	The Bridge Youth and Family Services	Youth Outreach	Kelowna	Central Okanagan	7 days a week	0-18	Yes
Outreach	Whitevalley Community Resource Centre	Whitevalley Community Resource Centre	Lumby	Lumby and surrounding area	Mon-Fri	All	Yes
Outreach	Yellowhead Community Services	Youth Substance Use Counselling Services	Clearwater and surrounding area	Clearwater and surrounding area	Mon-Fri	12-18	Yes
Residential Treatment (Youth Justice Only)	Phoenix Centre: Kamloops Society for Alcohol and Drug Services	Osprey Place	Kamloops	Province	Mon-Fri	13-24	Yes

Interior Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Withdrawal Management	The Bridge Youth and Family Services	YD33 - Youth Withdrawal Management Services	Kelowna	Central Okanagan	7 days a week	0-18	No
Withdrawal Management (Not live-in)	Whitevalley Community Resource Centre	Whitevalley Community Resource Centre	Lumby	Lumby and surrounding area	Mon-Fri	All	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Addiction Medicine Consult	Foundry Victoria	Foundry Victoria	Victoria	All	Mon-Fri	12-24	Yes
Counselling (Family)	Alberni Drug and Alcohol Prevention Service	Youth and Family Substance Use Service	Port Alberni	Port Alberni Valley and surrounding area	Mon-Fri	12-24	No
Counselling (Family)	Foundry Victoria	Foundry Victoria	Victoria	All	Mon-Fri	12-24	Yes
Counselling (Family)	Hornby and Denman Community Health Care Society	Youth and Family Counselling	Hornby & Denman	Hornby Island	By appointment	9+	Yes
Counselling (Family)	Island Health	Discovery Youth & Family Substance Use Services	Duncan	Cowichan Valley	Mon-Fri	13-19	Yes
Counselling (Family)	Island Health	Discovery Youth & Family Substance Use Services	Ladysmith	Ladysmith	Mon-Fri	13-19	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Family)	Island Health	Discovery Youth & Family Substance Use Services	Nanaimo	Nanaimo	Mon-Fri	13-19	Yes
Counselling (Family)	Island Health	Discovery Youth & Family Substance Use Services	Parksville	Parksville	Mon-Fri	13-19	Yes
Counselling (Family)	Island Health	Discovery Youth & Family Substance Use Services	Port Hardy	Port Hardy	Mon-Fri	13-19	Yes
Counselling (Family)	Island Health	Discovery Youth & Family Substance Use Services	Victoria	Greater Victoria	Mon-Fri	13-19	Yes
Counselling (Family)	Port Alberni Friendship Centre	Port Alberni Friendship Centre	Port Alberni	All	Mon-Fri	All	Yes
Counselling (Family)	Victoria Youth Empowerment Society	Victoria Youth Empowerment Society	Victoria	Greater Victoria	Mon-Fri	12-19	No
Counselling (Family)	West Coast Community Resources Society	Discovery: Youth and Family Addiction Counselling	West Coast	West Coast of Vancouver Island	Mon-Fri; Weekends if needed	13-19	Yes
Counselling (Group)	Island Health	Discovery Youth & Family Substance Use Services	Victoria	Greater Victoria	Mon-Fri	13-19	Yes
Counselling (Group)	Nanaimo and Area Resource Services for Families	Transitions	Nanaimo	Vancouver Island	Tues-Thurs	13-19	Yes
Counselling (Group)	Port Alberni Friendship Centre	Port Alberni Friendship Centre	Port Alberni	All	Mon-Fri	All	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Group)	Salt Spring Island Community Services	Salt Spring Island Community Services	Salt Spring Island	Salt Spring Island	Mon-Fri	13-19	Yes
Counselling (Individual)	Alberni Drug and Alcohol Prevention Service	Youth and Family Substance Use Service	Port Alberni	Port Alberni Valley and surrounding area	Mon-Fri	12-24	No
Counselling (Individual)	AIDS Vancouver Island	Services for Youth	Victoria	Greater Victoria	Mon-Fri	13+	Yes
Counselling (Individual)	Foundry Campbell River	Youth and Family Substance Use Program	Campbell River	Campbell River and surrounding district	Mon-Fri	12-24	Yes
Counselling (Individual)	Foundry Victoria	Foundry Victoria	Victoria	All	Mon-Fri	12-24	Yes
Counselling (Individual)	Hornby and Denman Community Health Care Society	Youth and Family Counselling	Hornby and Denman Islands	Hornby and Denman Islands	By appointment	9+	Yes
Counselling (Individual)	Island Health	Discovery Youth & Family Substance Use Services	Duncan	Cowichan Valley	Mon-Fri	13-19	Yes
Counselling (Individual)	Island Health	Discovery Youth & Family Substance Use Services	Ladysmith	Ladysmith	Mon-Fri	13-19	Yes
Counselling (Individual)	Island Health	Discovery Youth & Family Substance Use Services	Nanaimo	Nanaimo	Mon-Fri	13-19	Yes



Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Island Health	Discovery Youth & Family Substance Use Services	Parksville	Parksville	Mon-Fri	13-19	Yes
Counselling (Individual)	Island Health	Discovery Youth & Family Substance Use Services	Port Hardy	Port Hardy	Mon-Fri	13-19	Yes
Counselling (Individual)	Island Health	Discovery Youth & Family Substance Use Services	Victoria	Greater Victoria	Mon-Fri	13-19	Yes
Counselling (Individual)	Island Health	HerWay Home	Victoria	Greater Victoria	Mon-Fri	All	Yes
Counselling (Individual)	John Howard Society of North Island	Youth and Family Substance Use Program	Courtenay	Comox Valley	Mon-Fri	12-19	Yes
Counselling (Individual)	John Howard Society of North Island	Gold River Youth and Family Counselling	Gold River	Gold River and Tahsis	Mon-Fri	12-19	Yes
Counselling (Individual)	Port Alberni Friendship Centre	Port Alberni Friendship Centre	Port Alberni	All	Mon-Fri	All	Yes
Counselling (Individual)	Salt Spring Island Community Services	Salt Spring Island Community Services	Salt Spring Island	Salt Spring Island	Mon-Fri	13-19	Yes
Counselling (Individual)	Victoria Native Friendship Centre	Youth Addiction Program	Victoria	Greater Victoria	Mon-Fri	12-24	Yes
Counselling (Individual)	Victoria Youth Empowerment Society	Victoria Youth Empowerment Society	Victoria	Greater Victoria	Mon-Fri	12-19	No
Counselling (Individual)	West Coast Community Resources Society	Discovery: Youth and Family Addiction Counselling	West Coast of Vancouver Island	West Coast of Vancouver Island	Mon-Fri; Weekends if needed	13-19	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Harm Reduction	Alberni Drug & Alcohol Prevention Service	Youth and Family Substance Use Service	Port Alberni	Port Alberni Valley and surrounding area	Mon-Fri	12-24	No
Harm Reduction	AIDS Vancouver Island	Services for Youth	Victoria	Greater Victoria	7 days a week	16+	Yes
Harm Reduction	AIDS Vancouver Island	Services for Youth	Victoria	Greater Victoria	7 days a week	13+	Yes
Harm Reduction	Foundry Victoria	Foundry Victoria	Victoria	All	Mon-Fri	12-24	Yes
Harm Reduction	Island Health	HerWay Home	Victoria	Greater Victoria	Mon-Fri	All	Yes
Harm Reduction	Nanaimo and Area Resource Services for Families	Harris House Health Clinic	Nanaimo	Vancouver Island	Mon-Sat	All	Yes
Harm Reduction	Nanaimo and Area Resource Services for Families	Mobile Health Outreach	Nanaimo	Central Island	Varying days, 4 days per week. Different community each day.	All	Yes
Harm Reduction	Victoria Native Friendship Centre	Youth Addiction Program	Victoria	Greater Victoria	Mon-Fri	12-24	Yes
Harm Reduction	Victoria Youth Empowerment Society	Victoria Youth Empowerment Society	Victoria	Greater Victoria	Mon-Fri	12-19	No
Intensive Case Management	Island Health	Youth Tier 5 (YT5)	Victoria	South Island	7 days a week	12-18	Yes
Opioid Agonist Treatment	Foundry Victoria	Foundry Victoria	Victoria	All	Mon-Fri	12-24	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	Alberni Drug & Alcohol Prevention Service	Youth and Family Substance Use Service	Port Alberni	Port Alberni Valley and surrounding area	Mon-Fri	12-24	No
Outreach	Foundry Campbell River	Youth Outreach	Campbell River	Campbell River and surrounding district	Mon-Fri	12-24	Yes
Outreach	Foundry Victoria	Foundry Victoria	Victoria	All	Mon-Fri	12-24	Yes
Outreach	Hornby and Denman Community Health Care Society	Youth Outreach	Hornby & Denman	Hornby Island	By appointment	9-19	Yes
Outreach	Island Health	Discovery Youth & Family Substance Use Services	Duncan	Cowichan Valley	Mon-Fri	13-19	Yes
Outreach	Island Health	Discovery Youth & Family Substance Use Services	Ladysmith	Ladysmith	Mon-Fri	13-19	Yes
Outreach	Island Health	Discovery Youth & Family Substance Use Services	Nanaimo	Nanaimo	Mon-Fri	13-19	Yes
Outreach	Island Health	Discovery Youth & Family Substance Use Services	Parksville	Parksville	Mon-Fri	13-19	Yes
Outreach	Island Health	Discovery Youth & Family Substance Use Services	Port Hardy	Port Hardy	Mon-Fri	13-19	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	Island Health	Discovery Youth & Family Substance Use Services	Victoria	Greater Victoria	Mon-Fri	13-19	Yes
Outreach	Island Health	HerWay Home	Victoria	Greater Victoria	Mon-Fri	All	Yes
Outreach	John Howard Society of North Island	Early Intervention and Prevention	Courtenay	Comox Valley	Mon-Fri	12-18	Yes
Outreach	John Howard Society of North Island	Youth Outreach	Courtenay	Comox Valley	Mon-Fri	12-19	Yes
Outreach	Salt Spring Island Community Services	Salt Spring Island Community Services	Salt Spring Island	Salt Spring Island	Tues/Weds/Thurs	15-24	Yes
Outreach	Sooke Family Resource Society	Youth Navigator	Sooke	Sooke	Mon-Thurs	13-18	Yes
Outreach	Victoria Native Friendship Centre	Youth Addiction Program	Victoria	Greater Victoria	Mon-Fri	12-24	Yes
Outreach	Victoria Youth Empowerment Society	Youth Services Outreach	Victoria	Greater Victoria	Mon-Fri	12-19	Yes
Supportive Recovery	Boys & Girls Club of Greater Victoria	Victoria Youth Program for Enhanced Recovery (VYPER)	Victoria	Greater Victoria	7 days a week	13-19	No
Supportive Recovery	Nanaimo and Area Resource Services for Families	Transitions	Nanaimo	Vancouver Island	7 days a week	13-19	Yes

Island Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Withdrawal Management	John Howard Society of North Island	180 Degrees	Campbell River	Province	7 days a week	12-19	Yes
Withdrawal Management	Nanaimo and Area Resource Services for Families	Transitions	Nanaimo	Vancouver Island	7 days a week	13-19	Yes
Withdrawal Management	Victoria Youth Empowerment Society	Specialized Youth Detox	Victoria	Greater Victoria	7 days a week	12-18	No

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Concurrent Disorder Services	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes
Counselling (Family)	Dze L K'ant Friendship Centre Society	Alcohol and Drug Counselling	Smithers	Smithers, Dease Lake, Houston	Mon-Fri	All	Yes
Counselling (Group)	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes
Counselling (Group)	Northern Health	Terrace Substance Use Community Based Outpatient Services - Youth	Terrace	Terrace and Stewart	Mon-Fri	0-19	Yes
Counselling (Group)	Prince George Native Friendship Centre	Native Healing Centre	Prince George	Prince George and surrounding region	Mon/ Weds/Fri by appointment; drop-in Tuesday afternoons	13-35	Yes

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Central Interior Native Health Society	Central Interior Native Health Society	Prince George	Prince George and surrounding region	Mon-Fri	All	Yes
Counselling (Individual)	Dze L K'ant Friendship Centre Society	Alcohol and Drug Counselling	Smithers	Smithers, Dease Lake, Houston	Mon-Fri	All	Yes
Counselling (Individual)	Fort Nelson Aboriginal Friendship Society	Mental Health and Addictions	Fort Nelson	Fort Nelson and surrounding area (Profit River, Fort Leard)	Mon-Fri	All	Yes
Counselling (Individual)	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes
Counselling (Individual)	Keeginaw Friendship Centre	Keeginaw Friendship Centre	Fort St John	Fort St. John and surrounding area	Mon-Fri	All	Yes
Counselling (Individual)	Mackenzie Counselling Services	Mackenzie Counselling Services	Mackenzie	Mackenzie	Mon-Fri	0-19	Yes
Counselling (Individual)	Northern Health	Burns Lake Mental Health & Substance Use Services	Burns Lake	Burns Lake and surrounding area	Mon-Fri	12+	No
Counselling (Individual)	Northern Health	Dawson Creek Health Unit	Dawson Creek	Dawson Creek and surrounding area	Mon-Fri	13+	Yes

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Northern Health	Fort Nelson Primary Care	Fort Nelson	Fort Nelson	Mon-Fri	12-19	Yes
Counselling (Individual)	Northern Health	Fort St. John Mental Health & Substance Use Services	Fort St John	Fort St. John and Taylor	Mon-Fri	0-18	Yes
Counselling (Individual)	Northern Health	Fraser Lake Community Health Centre	Fraser Lake	Fraser Lake	Mon-Fri	All	Yes
Counselling (Individual)	Northern Health	Haida Gwaii Mental Health - Youth Addiction Services	Queen Charlotte	Queen Charlotte, Sandspit, Skidagate, Tlell	Mon-Fri	14+	Yes
Counselling (Individual)	Northern Health	Haida Gwaii Mental Health - Youth Addiction Services	Masset	North End of the island	Mon-Fri	12+	Yes
Counselling (Individual)	Northern Health	Houston Health Centre	Houston	Houston	Mon-Fri	All	Yes
Counselling (Individual)	Northern Health	Kitimat Mental Health & Substance Use Services	Kitimat	Kitimat and Kitimaat Village	Mon-Fri	13+	Yes
Counselling (Individual)	Northern Health	McBride Mental Health & Substance Use Services	McBride	McBride	Mon-Thurs	10+	Yes
Counselling (Individual)	Northern Health	Northern Haida Gwaii Hospital and Health Centre	Masset	Masset and Old Masset	Varies	All	Yes

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Northern Health	Prince George Youth Community Outpatient Team	Prince George	Prince George	Mon-Fri	0-19	Yes
Counselling (Individual)	Northern Health	Prince Rupert Mental Health & Substance Use Services	Prince Rupert	Prince Rupert	Mon-Fri	13+	Yes
Counselling (Individual)	Northern Health	Terrace Substance Use Community Based Outpatient Services - Youth	Terrace	Terrace and Stewart	Mon-Fri	0-19	Yes
Counselling (Individual)	Northern Health	Valemount Mental Health & Addictions	Valemount	Valemount	Tues-Fri	All	Yes
Counselling (Individual)	Prince George Native Friendship Centre	Native Healing Centre	Prince George	Prince George and surrounding area	Mon-Fri	13-35	Yes
Counselling (Individual)	Vanderhoof Community Services and Public Health	Vanderhoof Community Services and Public Health	Vanderhoof	Vanderhoof and surrounding area	Mon-Fri	12+	Yes
Harm Reduction	Central Interior Native Health Society	Central Interior Native Health Society	Prince George	Prince George and surrounding area	Mon-Fri	All	Yes
Harm Reduction	Fort Nelson Aboriginal Friendship Society	Mental Health and Addictions	Fort Nelson	Fort Nelson and surrounding area (Profit River, Fort Leard)	Mon-Fri	All	Yes



Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Harm Reduction	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes
Harm Reduction	Keeginaw Friendship Centre	Keeginaw Friendship Centre	Fort St John	Fort St. John and surrounding area	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Burns Lake Mental Health & Substance Use Services	Burns Lake	Burns Lake and surrounding area	Mon-Fri	All	No
Harm Reduction	Northern Health	Dawson Creek Health Unit	Dawson Creek	Dawson Creek and surrounding area	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Fort St. John Mental Health & Substance Use Services	Fort St John	Fort St. John and Taylor	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Fraser Lake Community Health Centre	Fraser Lake	Fraser Lake	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Haida Gwaii Mental Health - Youth Addiction Services	Queen Charlotte	Queen Charlotte, Sandspit, Skidagate, Tlell	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Hazelton Community Health Services	Hazelton	Hazelton	Mon-Fri	All	Unknown
Harm Reduction	Northern Health	Northern Haida Gwaii Hospital and Health Centre	Masset	Masset and Old Masset	Mon-Fri	All	Yes

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Harm Reduction	Northern Health	Fort Nelson Primary Care	Fort Nelson	Fort Nelson	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Houston Health Centre	Houston	Houston	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Kitimat Mental Health & Substance Use Services	Kitimat	Kitimat and Kitimaat Village	Mon-Fri	All	Yes
Harm Reduction	Northern Health	McBride Mental Health & Substance Use Services	McBride	McBride	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Prince George Youth Community Outpatient Team	Prince George	Prince George	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Prince Rupert Mental Health & Substance Use Services	Prince Rupert	Prince Rupert and surrounding area	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Quesnel Mental Health & Substance Use Services	Quesnel	Quesnel	Mon-Fri	All	Unknown
Harm Reduction	Northern Health	Stewart Health Centre	Stewart	Stewart	Mon-Fri	All	Yes
Harm Reduction	Northern Health	Terrace Substance Use Community Based Outpatient Services - Youth	Terrace	Terrace and Stewart	Mon-Fri	All	Yes

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Harm Reduction	Northern Health	Valemount Mental Health & Addictions	Valemount	Valemount	Tues-Fri	All	Yes
Harm Reduction	Vanderhoof Community Services and Public Health	Vanderhoof Community Services and Public Health	Vanderhoof	Vanderhoof and surrounding area	Mon-Fri	12+	Yes
Opioid Agonist Treatment	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes
Outreach	Central Interior Native Health Society	Central Interior Native Health Society	Prince George	Prince George and surrounding area	Tues/Thurs	All	Yes
Outreach	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes
Outreach	Northern Health	Terrace Substance Use Community Based Outpatient Services - Youth	Terrace	Terrace and Stewart	Mon-Fri	0-19	Yes
Outreach	Northern Health	Prince George Youth Community Outpatient Team	Prince George	Prince George	Mon-Fri	0-19	Yes
Outreach	Quesnel Tillicum Society Native Friendship Centre	Youth Outreach Worker	Quesnel	Quesnel	Mon-Fri	13-29	Yes
Residential Treatment	Northern Health	Nechako Youth Treatment Program (NYTP)	Prince George	Province	7 days a week	13-18	Yes
Withdrawal Management (Not live-in)	Foundry Prince George	Foundry Prince George	Prince George	Northern region	Mon-Fri	12-24	Yes

Northern Health							
Service Type	Organization	Program Name	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Withdrawal Management	Northern Health	Nechako Youth Treatment Program (NYTP)	Prince George	Province	7 days a week	13-18	Yes

Providence Health Care							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Family)	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Mon-Fri	12-24	Yes
Counselling (Group)	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Mon-Fri	12-24	Yes
Counselling (Individual)	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Mon-Fri	12-24	Yes
Harm Reduction	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Mon-Fri	12-24	Yes
Harm Reduction	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Tues-Thurs	12-24	No

Providence Health Care							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Intensive Case Management	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Mon-Fri	12-24	Yes
Opioid Agonist Treatment	Foundry Vancouver Granville	Foundry Vancouver Granville	Vancouver	Downtown Core and Downtown Eastside	Mon-Fri	12-24	Yes
Residential Treatment	Foundry Vancouver Granville	Renfrew House	Vancouver	Downtown Core and Downtown Eastside	7 days a week	16-24	No

Provincial Health Services Authority							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Residential Treatment	Pacific Community Resource Society	Ashnola at The Crossing	Keremeos	Province	7 days a week	17-24	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Addiction Medicine Consult	Vancouver Coastal Health	Raven Song Community Health Centre	Vancouver	Vancouver	Mon-Fri	All	Yes
Concurrent Disorder Services	Foundry North Shore	Foundry North Shore	North Vancouver	North and West Vancouver	Mon-Fri	12-24	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Concurrent Disorder Services	Vancouver Coastal Health	Powell River Community Health Centre	Powell River	Powell River	Mon-Fri	13-19	Yes
Concurrent Disorder Services	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Squamish	Squamish	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Pemberton	Pemberton	Mon-Fri	12-24	Yes
Concurrent Disorder Services	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Whistler	Whistler, Pemberton and Mt. Currie	Mon-Fri	12-24	Yes
Counselling (Family)	Boys and Girls Club of South Coast BC	Nexus Program	Vancouver	Downtown Eastside; East Vancouver	Mon-Fri	12-24	Yes
Counselling (Family)	Boys and Girls Club of South Coast BC	Odyssey II Program	East Vancouver	Vancouver	Mon-Fri	12-24	Yes
Counselling (Family)	Foundry North Shore	Foundry North Shore	North Vancouver	North and West Vancouver	Mon-Fri	12-24	Yes
Counselling (Family)	Richmond Addiction Services Society	Youth and Family Program	Richmond	Richmond	Mon-Fri	0-24	Yes
Counselling (Family)	Urban Native Youth Association	Native Youth Health and Wellness Centre	Vancouver	Vancouver	Mon-Fri	12-24	Yes
Counselling (Group)	Boys and Girls Club of South Coast BC	Nexus Program	Vancouver	Downtown Eastside; East Vancouver	Mon-Fri	12-24	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Group)	Boys and Girls Club of South Coast BC	Odyssey II Program	East Vancouver	Vancouver	Mon-Fri	12-24	Yes
Counselling (Group)	Foundry North Shore	Foundry North Shore	North Vancouver	North and West Vancouver	Mon-Fri	12-24	Yes
Counselling (Group)	Vancouver Coastal Health	Pacific Spirit Community Health Centre - Youth and Young Adult Concurrent Counsellors	Vancouver	Vancouver	Mon/Tues	13-24	Yes
Counselling (Individual)	Boys and Girls Club of South Coast BC	Nexus Program	Vancouver	Downtown Eastside; East Vancouver	Mon-Fri	12-24	Yes
Counselling (Individual)	Boys and Girls Club of South Coast BC	Odyssey II Program	East Vancouver	Vancouver	Mon-Fri	12-24	Yes
Counselling (Individual)	Foundry North Shore	Foundry North Shore	North Vancouver	North and West Vancouver	Mon-Fri	12-24	Yes
Counselling (Individual)	Richmond Addiction Services Society	Youth and Family Program	Richmond	Richmond	Mon-Fri	0-24	Yes
Counselling (Individual)	Sea to Sky Community Services Society	Sea to Sky Community Services Society	Squamish	Squamish	Mon-Fri	16-18	Yes
Counselling (Individual)	Urban Native Youth Association	Native Youth Health and Wellness Centre	Vancouver	Vancouver	Mon-Fri	12-24	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Vancouver Coastal Health	Anne Vogel Primary Care Addiction Clinic	Richmond	Richmond	Mon-Fri	18+	Yes
Counselling (Individual)	Vancouver Coastal Health	Pacific Spirit Community Health Centre - Youth and Young Adult Concurrent Counsellors	Vancouver	Vancouver	Mon/Tues	13-24	Yes
Counselling (Individual)	Vancouver Coastal Health	Raven Song Community Health Centre - Youth and Young Adult Concurrent Counsellors	Vancouver	Vancouver	Mon-Fri	13-24	Yes
Counselling (Individual)	Vancouver Coastal Health	Robert and Lily Lee Community Health Centre - Youth and Young Adult Concurrent Counsellors	Vancouver	Vancouver	Mon-Fri	13-24	Yes
Counselling (Individual)	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Squamish	Squamish, Whistler, Pemberton and Mt. Currie	Mon-Fri	12-24	Yes
Counselling (Individual)	Vancouver Coastal Health	Sunshine Coast Mental Health and Substance Use Services	Sechelt	Sechelt, Gibsons and Pender Harbour	Mon-Fri	0-20	Yes



Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Counselling (Individual)	Vancouver Coastal Health	Three Bridges Community Health Centre - Youth and Young Adult Concurrent Counsellors	Vancouver	Vancouver	Mon-Fri	0-24	Yes
Counselling (Individual)	Watari Counselling and Support Services	Watari Counselling and Support Services	Vancouver	Metro Vancouver	Mon-Fri	4-25	Yes
Counselling (Individual)	Whistler Community Services Society	Social Services	Whistler	Whistler	Mon-Sat	All	Yes
Day Treatment	Vancouver Coastal Health	VCH Youth Day Treatment Program	Vancouver	Vancouver	Weds-Sat	16-24	Yes
Harm Reduction	Family Services of Greater Vancouver	Directions Youth Services Centre	Vancouver	Vancouver Coastal region	7 days a week	16-24	Yes
Harm Reduction	Foundry North Shore	Foundry North Shore	North Vancouver	North & West Vancouver	Mon-Fri	12-24	Yes
Harm Reduction	Urban Native Youth Association	Native Youth Health and Wellness Centre	Vancouver	Vancouver	Mon-Fri	11-30	Yes
Harm Reduction	Vancouver Coastal Health	Anne Vogel Primary Care Addiction Clinic	Richmond	Richmond	Mon-Fri	All	Yes
Harm Reduction	Vancouver Coastal Health	Pacific Spirit Community Health Centre	Vancouver	Vancouver	Mon-Fri	All	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Harm Reduction	Vancouver Coastal Health	Powell River Community Health Centre	Powell River	Powell River	Tues/Fri	All	Yes
Harm Reduction	Vancouver Coastal Health	Raven Song Community Health Centre	Vancouver	Vancouver	Mon-Fri	All	Yes
Harm Reduction	Vancouver Coastal Health	Robert and Lily Lee Community Health Centre - East Van Youth Clinic	Vancouver	Vancouver	Mon/Tues/ Weds/ Fri	0-24	Yes
Harm Reduction	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Squamish	Squamish	Mon-Fri	12-24	Yes
Harm Reduction	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Pemberton	Pemberton	Mon-Fri	12-24	Yes
Harm Reduction	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Whistler	Whistler, Pemberton and Mt. Currie	Mon-Fri	12-24	Yes
Harm Reduction	Vancouver Coastal Health	Sunshine Coast Mental Health and Substance Use Services	Sechelt	Sechelt, Gibsons and Pender Harbour	Mon-Fri	All	Yes
Harm Reduction	Vancouver Coastal Health	Three Bridges Community Health Centre	Vancouver	Vancouver	7 days a week	All	Yes
Harm Reduction	Whistler Community Services Society	Social Services	Whistler	Whistler	Mon-Sat	All	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
In-Patient Treatment	Vancouver Coastal Health	Carlile Youth Concurrent Disorders Centre - Regional Concurrent Disorders Inpatient Unit	North Vancouver	Vancouver Coastal region	Mon-Sun (Admissions Tues- Thurs)	13-18	Yes
Intensive Case Management	Vancouver Coastal Health	VCH Youth ICM	Vancouver	Vancouver	7 days a week	13-24	Yes
Opioid Agonist Treatment	Foundry North Shore	Foundry North Shore	North Vancouver	North & West Vancouver	Mon-Fri	12-24	Yes
Opioid Agonist Treatment	Vancouver Coastal Health	Anne Vogel Primary Care Addiction Clinic	Richmond	Richmond	Mon-Fri	18+	Yes
Opioid Agonist Treatment	Vancouver Coastal Health	Raven Song Community Health Centre	Vancouver	Vancouver	Mon-Fri	All	Yes
Opioid Agonist Treatment	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Squamish	Squamish	Mon-Fri	12+	Yes
Opioid Agonist Treatment	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Pemberton	Pemberton	Mon-Fri	12+	Yes
Opioid Agonist Treatment	Vancouver Coastal Health	Sea to Sky Mental Health and Addiction Services	Whistler	Whistler, Pemberton and Mt. Currie	Mon-Fri	12+	Yes
Opioid Agonist Treatment	Vancouver Coastal Health	Sunshine Coast Mental Health and Substance Use Services	Sechelt	Sechelt, Gibsons and Pender Harbour	Mon-Fri	18+	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Opioid Agonist Treatment	Vancouver Coastal Health	Three Bridges Community Health Centre	Vancouver	Vancouver	7 days a week	15-24	Yes
Outreach	Boys and Girls Club of South Coast BC	Nexus Program	Vancouver	Downtown Eastside; East Vancouver	Mon-Fri	12-24	Yes
Outreach	Boys and Girls Club of South Coast BC	Odyssey II Program	East Vancouver	Vancouver	Mon-Fri	12-24	Yes
Outreach	Family Services of Greater Vancouver	Directions Youth Services Centre	Vancouver	VCH region	7 days a week	16-24	Yes
Outreach	Foundry North Shore	Foundry North Shore	North Vancouver	North & West Vancouver	7 days a week	13-19	Yes
Outreach	Richmond Addiction Services Society	Youth and Family Program	Richmond	Richmond	Mon-Fri	0-24	Yes
Outreach	Sea to Sky Community Services Society	Squamish Youth Resource Centre	Squamish	Squamish	Mon-Fri	12-24	Yes
Outreach	Sunshine Coast Community Services	Youth and Special Services	Sechelt	Sunshine Coast	4 days per week; Variable	12-23	Yes
Outreach	Urban Native Youth Association	Aboriginal Safe House	Vancouver	Vancouver	7 days a week	11-30	Yes
Outreach	Vancouver Coastal Health	Youth Assertive Outreach Team	Vancouver	Vancouver	Mon-Fri	15-18	Yes
Outreach	Vancouver Coastal Health	Three Bridges Community Health Centre	Vancouver	Vancouver	Mon-Fri	15-24	Yes

Vancouver Coastal Health							
Service Type	Organization	Program	Location	Area Served	Operation Days	Ages Served	Wheelchair Access
Outreach	Watari Counselling and Support Services	Watari Counselling and Support Services	Vancouver	Metro Vancouver	Mon-Fri	15-25	Yes
Outreach	Whistler Community Services Society	Outreach Services	Whistler	Whistler	Mon-Sat	All	Yes
Residential Treatment	Pacific Youth and Family Services Society	Peak House	Vancouver	Province	7 days a week	13-18	No
Residential Treatment (Youth Justice or Fee-for-Service Only)	PLEA Community Services Society of BC	Daughters and Sisters	Surrey	Province	7 days a week	13-19	No
Residential Treatment (Youth Justice or Fee-for-Service Only)	PLEA Community Services Society of BC	Waypoint	Surrey	Province	7 days a week	13-19	Yes
Residential Treatment	Urban Native Youth Association	Young Bears Lodge	Vancouver	Vancouver Coastal region	7 days a week	13-18	Yes
Supportive Recovery	Pacific Community Resource Society	Sequoia House	Vancouver	Vancouver Coastal region	7 days a week	16-24	No
Supportive Recovery	Pacific Community Resource Society	Alder House	Vancouver	Vancouver Coastal region	7 days a week	16-24	No
Withdrawal Management	Family Services of Greater Vancouver	Directions Youth Detox	Vancouver	Vancouver Coastal region	7 days a week	16-22	No

# Contact Information

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REPRESENTATIVE FOR  
CHILDREN AND YOUTH