

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

peer to peer supports

"Success" is relative and won't look the same for everyone

implementing accountabilities for how social workers interact with youth

Definitions of success

wrap around care

Individual approaches

Peer to peer mentorship
- "brothers & sisters"

Systems level approach required.

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Expanding Youth Voice

Putting child/ youth's voice at the center of the conversation

youth focus

Holistic Psychiatry, medication is only one small part of the treatment

HARM Reduction! We need bold and brave politicians to take "unpopular" stances that are supported by decades of science.

Communication between different governing entities and programs

Harm reduction!!!

having a trusted adult who advocates for them and is a constant in their life and is non judgemental



The screenshot couldn't be generated

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Center the voice of the child or youth. If we listen attentively, they are telling us the solutions they are looking for, and usually, those are very achievable.

develop licensing for social workers similar to nurses, physio therapists, and teaching aide licensing and registration bodies

Centering youth in the discussion

Creating opportunities for collaboration across organizations/ systems/ communities

-Collaborative practice working together across health regions.
-Youth & Young adults need to be accompanied when traveling to attend treatment centers or access addiction services.

some of the Foundry models work well, others not so much. strong links to health authorities work better

Opportunities to connect with peers and positive role models.

long term goals

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

if not now...when...what will it take

Step down support for children who are "aging out" that continues to adulthood which mentally individuals may not reach at the same time or age cut off.

Political bravery. People in power enacting policies that are evidence-based, regardless of public opinion.

Timely access to rehab programs when the youth are ready

"Success" determined by the young person, not the worker

Elevate Youth Voice over others.

decolonizing approaches, flexible schedules to meet youth who use when they need it, harm reduction easily available, constant adult, system navigation support, destigmatizing work with families

Strengthening family supports, "Care for the carers"

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Finding your purpose or finding meaning in work or other activities

collaboration across services

Taking time to see the person as a whole.

Relationship and being trauma informed.

Inclusivity

Youth talking to youth

housing

Building stable and healthy connections with safe adults

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Provide sense of safety to Youth. They feel unsafe in so many spaces.

HOUSING

Having a family or connecting with family

shared informed language

Having services available when they are needed without long wait lists

- really listening to young people -building connections that the young people identify as important - belonging that is defined by the young person - NOT by what the adult defines it as

Indigenous knowledge

food security

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

We need flexible policies that allow staff to support youth and young adults at every stage of their journey in accessing addiction services.

Having one important person

Ongoing education for social workers to inform them on new programs available for youth such as Jordan's principle

Assurance to community providers that funding is ongoing (forever) to give them the flexibility to innovate.

Intersectional, "whole-person" supports - gender affirming care + family reunification + access to counselling

Having help for the youth to navigate the system

need to base supports on decolonizing practices. Connection to community

Consulting young people/communities first

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Ministerial organizations working with the same youth (MCFD / CYMH / HA / Education) meet regularly and establish roles for what they CAN do, not what they CAN'T do (or what others should do).

timely access to services and supports

Listen to youth. Ask them what they want.. Creating connection and respecting youth voice is key.

Bringing all the necessary people to one case meeting so people can connect with one another and collaborate for the solutions.

Access to the appropriate and at times more prolonged concurrent treatment programs for highly complex youth

Connection to culture, nature, food, and self

accessible service on demand

Moving away from colonial/western approaches

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Safe supply

Access to safer supply while youth figure things out

Access to Elders & Older Mentors (Aunties, Uncles, Cousins)

Relationship building and meeting young people where they are at

unending patience

We know what works... harm reduction works... we should be celebrating the steps that have been taken in BC and we need brave politicians to champion, to safeguard, and to move this work forward.

breakdown of systemic barriers

Walking alongside young people in their journey

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

don't give up on them

Nourishment

RELATIONSHIP, support throughout their journey whether they want to access treatment/detox or not, supporting them in working in peer programs - tapping into/expanding new parts of their identity,

Having first nations involved in the beginning of planning development and not at the last stage to review planning

Targeting the whole person and not just the substance use.

Culturally safe programs, especially for First Nations youth

planned and thoughtful transitions from youth to young adult services, including safe housing and support continuity

Sense of belonging

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

don't close the door

Creative actions that help youth to connect. Eg Talking while driving

There is an urgent need for post-treatment recovery communities in all regions of BC and across Canada.

Having the support of an adult that they can trust

The widespread availability of naloxone

Not setting expectations for them to meet or not, but listening, seeing what they want and need and moving forward together

Intensive or even just rapid connection to supports (but right now these are only when youth have reached an acute crisis)

Bring the youth's voice into the room. Of the thousands of youth I've treated, I've met few that don't have goals of success, being pain/barrier free, and seeks to thrive in their world.

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

acknowledge white supremacy in the system and how it effects youth

advocates in meeting when their voice gets drowned out

Having information sessions with school staff to inform and empower them.

Asking the youth what they want

Peer engagement- valuing the bond youth have with each other

recognizing neurodiverse youth and substance using youth still need and deserve a voice in what happens to them

Its ok to break the rules

expanded outreach services

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

outreach A&D
counselors

Addressing mental
health component &
stigma associated to it.

True prevention work, like
connections and belonging
for all before that first hit of
fentanyl

A willingness for programs to
be flexible and client
centred to be accessible to
youth when they need it

Ongoing training for social
workers to ensure they are
meeting the needs of the
young people they are
supporting.

ongoing and targeted
advocacy/case
management

involuntary care causes
harm particularly when it is
in an adult facility

Need for more culturally
centered healing and
treatment programs for
youth and young adults.
Indigenous lead treatment
services.

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

acknowledge that this is a first nations issue based on the data

Rules and systems make creative out of the box action hard. Service providers are working in the down low

- make help available immediately - remove the hoops - shifting our ideas of success - checking our own responses

access to gender affirming practices and minimizing the impacts of political polarities in youth spaces like schools

A strong, loud, organized opposition to bad policy and practice works.

Wraparound supports. Make help available when/where/how it is being asked for. Be understanding. Don't be prescriptive. Listen.

I am concerned about how highly prevalent societal views tend to be ignored in forums like this, when they don't fit the dominant view in the advocacy world.

need to get a lot more serious about prevention and early intervention before a young person begins to use as the illicit drugs are wickedly addictive what does a family need to help their child

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

We need legislation that values and protects everyone

Timely available and very skilled trauma therapy

lists of local programs available for youth to access at whatever space they are in

Meaningful connection of their life lines; music, friends, gaming, who they are individually and what they are interested in connecting with safe spaces, support/care, love/connection, understanding.

make sure workers such as social workers, housing coordinators, etc, know about residential schools and intergenerational trauma

if resources such as youth support workers, social workers were more available and not over worked

Making regulated alternatives to toxic street drugs available to young people helps prevent deaths

Having ways specifically designed for the youth and children to access harm reduction

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

OAT therapy works; it helps to stabilize youth so they can be in a better place of decision-making and begin accessing addiction services. OAT Therapy helps to keep youth physically safe.

reducing gaps between systems

Skilled psychiatric assessments and care

Frequently, providers and advocates seem to form an echo chamber that evolves in a silo, and then appears shocked when society responds with a resounding NO!

we are in a situation where the substances are so poisonous - safe supply and alternatives are essential

Prevention prevention prevention

Harm reduction

Safe supply

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Do we truly have a system of care for young people struggling with addictions?

Housing that is safe and accessible

parents/caregivers accessing programs where they can listen and learn on how to support youth who use - e.g. YOLO by SHARE

Expansion of Definition of Youth...becoming an "adult" at 19 is terrifying. They are not ready.

get away from the idea that we are 'protecting' youth from substance use harms by not talking to them about it

Engaging and strengthening family supports

Changing our expectations of "success" to include overall wellness instead of drug abstinence

mandatory cultural safety training for front line workers

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

youth voice - may not want to do what the adults are telling them they should do

Services available when youth need- long waitlists create barriers to services

Safe supply - nothing else will or can work as long as our youth are being poisoned

government self accountabilities for racism and reporting inappropriate behavior

Mental health support

Helping to identify what positive the youth see as substance use meeting and working on finding other strategizes and things that meet those needs

Youth Lead peer-to-peer mentoring programs, such as peer recovery groups, which are not abstinence-focused or affiliated with religious groups.

Certain conditions get you a ticket to wrap around service: teen pregnancy's, youth justice. How can we offer the same suite of service without this?

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Programs are overspecialized and result in barriers to access

need to hold onto the "emerging adult" idea

the assumption/goal of independence and self sufficiency is problematic. Support may always be a reality. How do we sustain supports for success instead of program-based/time limited interventions?

need to address recruitment to get the good people to be able to provide the wrap around supports

How can we move good models across the spectrum...ie: FTAP model in prevention care?

we need to fund prevention and crisis response, not one or the other, need adequate funding in both

Success = early support and relational based

Need to measure and monitor SUCCESS? How do you demonstrate success from prevention?

What did you hear in the stories: What specific actions are helping to increase positive outcomes for children and youth?

Community-based orgs need ongoing sustainable funding in the same way MCFD/HLTH has for innovation and sustained services. And the freedom to be creative and adapt and respond to changing needs.